



Enhanced Assisted Living

Comprehensive Care in a Residential Setting

What is Enhanced Assisted Living?

Thinking about senior skilled care as exclusively limited to nursing home services is a thing of the past. These days there are a variety of options—different levels of care that offer a range of supports for different lifestyles. For older adults living in New York State, Enhanced Assisted Living Residences (EALR) can help give those wishing to live more independently a greater opportunity to “age in place.”

The creation of the enhanced assisted living level of care allows residents—when their physician and the care provider are in agreement—to have their individual needs met safely in a care setting that is less restrictive than a skilled nursing facility. Enhanced assisted living services are provided in assisted living communities by professional nurses and resident care staff, but not all assisted living providers offer this enhanced level of care. For those that do, enhanced assisted living is the highest level of senior care available below a certified nursing facility.



HOW DOES ST. JOHN'S STACK UP?



24/7 Nursing Care

The Hawthorne primarily utilizes LPNs to pass medication, with occasional support from our skilled medication technicians. A registered nurse is available 24 hours a day, seven days a week to provide comprehensive oversight and ensure that the individual and collective needs of enhanced assisted living residents are met.





[Watch this video](#) to see Jeanne show off what she likes most about her enhanced assisted living home.

The Right Amount of Care

Jeanne Rowe has spent time at every level of care that St. John's has to offer—including a few months living in skilled nursing. "I think that is one of the reasons I chose St. John's," says Jeanne. "I had a friend that was here (at St. John's Meadows) and I realized there are all different levels (of care). I started in a cottage."

Right now, enhanced assisted living is the best fit for Jeanne. She says she is grateful for the support she gets managing her medications and compression stockings. "The aide usually does that for me," says Jeanne. "Other than that, they let you do what you can do on your own." Jeanne appreciates her ability to maintain a certain level of independence, even in assisted living.

Jeanne says that while she spent her life taking care of family members and serving as a caregiver to those close to her, she does not want or expect her loved ones to have to do the same for her. "My family feels comfortable," she says of St. John's. "They feel that I'm safe."

HOW DOES ST. JOHN'S STACK UP?



Peace of Mind

Hawthorne Administrator Christine Caplan hears frequently from family members who feel at ease knowing their loved one is safe and receiving the care they need and deserve. "Peace of Mind—that is what I have now that my mother has moved to the Hawthorne," says Cathy, daughter of a resident. "The staff have welcomed her (and me) with compassion and understanding—they care for her well-being in a manner that is supportive and friendly."



Enhanced Assisted Living: A Higher Level of Care

Enhanced assisted living is not necessarily a better option than traditional assisted living—it is simply another option available that provides a higher level of care. In fact, in an ideal situation, assisted living and enhanced assisted living are both offered as part of a continuum of care. Residents regularly receive assistance with activities of daily living (medication management, dressing, bathing, etc.) as part of assisted living. When care needs exceed traditional assisted living guidelines, the enhanced assisted living license allows for additional care to support the resident.

These are the types of additional services made available to residents through enhanced assisted living:

- Assistance with ambulation
- Support with transfers (getting in and out of bed and chairs)
- Incontinence management
- Catheter and colostomy management
- Diabetes/insulin management
- Wound care
- Oxygen/concentrator support
- Other skilled nursing care (eye drops, vital signs, etc.)



**CONFIDENCE
IN NURSING**

91%
ST. JOHN'S

79%
NATIONAL

91% of St. John's enhanced assisted living residents say they have confidence in the licensed nursing staff's knowledge and skills in medical care.

HOW DOES ST. JOHN'S STACK UP?



Nursing Longevity

Registered Nurse Chris James has long been an integral part of the resident care team at the Hawthorne at St. John's Meadows. In fact, she has spent over 30 years in various nursing leadership roles across the St. John's spectrum of senior care. "Most of our nurses have come to us with at least 10 years of experience," James says of the seasoned nursing team at the Hawthorne.





“ My brothers and I are very happy with the level of care that Hawthorne at St. John's Meadows provides our mother. It exceeds our expectations in every way. The Hawthorne is clean and the staff is informed and helpful. Whenever we reach out, they always help us to help our mother. The Hawthorne staff goes above and beyond our expectations of care.”

– Larry, son of a Hawthorne resident



**PARTNERS
IN CARE**

97%
ST. JOHN'S

84%
NATIONAL

97% of residents feel that the licensed nursing staff at the Hawthorne respects their wishes as well as the wishes of important family members.

HOW DOES ST. JOHN'S STACK UP?



Person-Centered Care

The Hawthorne Nursing Team works with each resident's physician to build an individual care plan that sets them up for success. Person-centered care planning aligns resources to give residents access to the full benefits of community living and receive services in a way that helps them achieve their individual goals.



Questions to Ask when Choosing an Enhanced Assisted Living Community

- ✓ What specific services are provided? Are there types of care that are not provided?
- ✓ Who provides enhanced care and what are their qualifications?
- ✓ Who supervises care providers and what are his or her qualifications?
- ✓ Are there price tiers that can bring additional costs when care needs increase?
- ✓ What happens if and when care needs exceed the scope of enhanced assisted living?
- ✓ How do I know if my loved one qualifies for enhanced services? What is the process?
- ✓ How will your community work with my loved one's doctor, pharmacy, and other health care specialists?
- ✓ If my loved one becomes a resident, who from your community will be my contact for questions or concerns about their care?



**RESPONSIVE
CAREGIVERS**

92%
ST. JOHN'S

90%
NATIONAL

92% of St. John's enhanced assisted living residents report feeling heard, saying "the caregiving staff listens and treats me with respect."

HOW DOES ST. JOHN'S STACK UP?



No Additional Costs

One thing that does not change is the cost of care when needs increase and greater hands-on assistance is added. Despite offering a community that features 24-hour nursing and more advantageous staff-to-resident ratios, care costs do not increase for Hawthorne residents when additional support is needed to help them age in place.





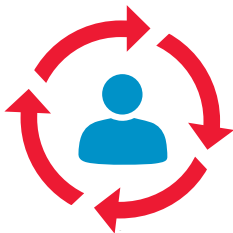
Readers Rate Hawthorne Best Assisted Living— 2024 and 2025 Back to Back Winners!



LEARN MORE ABOUT ENHANCED ASSISTED LIVING
AT THE HAWTHORNE AT ST. JOHN'S MEADOWS.



HOW DOES ST. JOHN'S STACK UP?



Continuum of Care

Enhanced assisted living at St. John's is part of a robust spectrum of senior services, along with independent living, skilled nursing care, and rehabilitation. Whether you are considering enhanced assisted living for current care needs or are planning for the future, know that St. John's offers an array of care levels for you or your loved one.





“

I've been at the Hawthorne about six months (after transitioning from independent living,) and they provide for more needs here. The food is excellent. The care is very good. The communities are fantastic.”

– John, a Hawthorne resident



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