



BRICKSTONE | FOUNDATION | HOME | MEADOWS

January 28, 2021

Dear St. John's Residents and Family Members,

All throughout the COVID-19 pandemic we have looked forward to a return to more typical times when residents are able to enjoy the amenities and spaces across our community in the manner in which they were intended. The renovations completed in recent years—both in resident neighborhoods as well as in common areas throughout the building—were designed to create more resident-focused spaces that foster greater engagement and independence. Unfortunately, the mandatory restrictions imposed on long-term care communities like ours have made these new spaces inaccessible to residents throughout much of the past year.

As infection numbers begin to decline throughout the Finger Lakes region—as well as here at St. John's Home—we are anticipating lifting our whole house quarantine in the coming days. The vaccination of the vast majority of residents against COVID-19 as well as the continued observance of safety protocols have allowed us to begin planning ways to open the house back up for residents.

Our plan is to begin lifting our full house quarantine during the week of February 1, which would allow asymptomatic residents who live in neighborhoods that have gone 14 days without a positive staff or resident case greater freedom throughout the community. As we slowly lift some of these restrictions, while evaluating the impact on resident's safety and well-being, residents will begin to have greater access to other neighborhoods that are 14-days clear of COVID-19 cases. This will bring more opportunities to visit friends while providing a much needed change of scenery for residents currently feeling isolated to their own living spaces.

We anticipate that other amenities like the Business Office window, Ice Cream Shop, and Beauty Shop will open over the coming weeks. While we have worked hard to deliver amenities like beauty shop services directly to residents in their rooms, we believe that providing opportunities to access and enjoy even more spaces throughout our newly-renovated ground floor area will be of benefit to everyone.

Coinciding with this easing of restrictions is the anticipation that we will soon be able to restart our window visits program. We are excited to soon be in a position to utilize three outdoor enclosures we constructed this fall underneath the South Building overhang. These enclosures (built adjacent to our windows) will ensure that visitors are protected from the elements during your visit through the glass. Residents living on neighborhoods that have had quarantines lifted will then be eligible to participate in window visits. You will be notified to schedule a date and time for your next visit when window visits for your loved one's neighborhood have been resumed.

As we move towards easing some of these restrictions, we continue to welcome care packages from family and friends. However, we do ask that you be mindful when sending meals and baked goods for residents to enjoy. Please ensure that any food items dropped off for your loved one are stored in proper plastic storage containers with a secure lid to prevent leakage and potential spills. Additionally, please label these disposable containers with resident's name and room number, and refrain from sending perishable foods that require refrigeration. Adhering to these guidelines will ensure that residents are able to safely enjoy these special deliveries at their leisure.

Sincerely,

President and CEO

Embrace Living

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stjohnsliving.org