

12/18/20

Dear Meadows - Brickstone Residents.

Below are the most recent COVID numbers noted in today's news report:

As of Thursday, December 17, 2020, the Monroe County Department of Health has confirmed 429 people have died amid 25,416 positive coronavirus tests in the county. Of the 25,416 cases, 729 are new as of Thursday afternoon. The county's seven-day rolling average of new cases is 634 per day. The seven-day rolling average positivity rate is 8.8% as of Thursday. 16 new deaths were reported Thursday.

Exposure to us all is becoming more of a reality each day. What should you do if you believe you have been in contact with someone who has reported to you that they have tested positive?

- Step 1: Self-monitor for symptoms
- Step 2: Call your doctor and arrange to be tested
- Step 3: Contact anyone you believe you have been in contact with
- Step 4: Quarantine yourself in your apartment until you receive a negative test result. Refrain from entering common areas such as lobbies, elevators, restrooms, fitness rooms, libraries, etc. unless absolutely necessary. Whenever possible use the community delivery services for meals, packages, groceries, etc. Cancel unnecessary appointments which would require services to enter your apartment.
- Step 5: Notify Elder Advocate Cara Rusinko 242-7008 or Hannah Pender 242-7010
- Step 6: Maintain a minimum distance from each other of at least 6 feet. Refrain from having more than 1 person in the elevator at a time. WEAR YOUR MASK OVER YOUR NOSE AND MOUTH AT ALL TIMES. Wash and sanitize your hands frequently. Refrain from touching your face.

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And now the good news, the vaccination process is coming. Who gets the vaccine and in what order? The chart below was taken from the NYSDOH website.

COVID-19 Vaccine Distribution | New York Forward

Phase I In Progress now	 Healthcare workers (Clinical and Non-Clinical) working in patient care settings, ICU, ED, and EMS are top priority. Long-term care facility workers who regularly interact with residents Most at risk long-term care facility patients
Phase II	 First Responders (fire, police, national guard) Teachers/school staff (in-person instruction), childcare providers Public health workers Other essential frontline workers that regularly that interact with public (pharmacists, grocery store workers, transit employees, etc.) or maintain critical infrastructure Other long-term care facility patients and those living in other congregate settings Individuals in general population deemed particularly high risk due to comorbidities and health conditions

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Phase III	 Individuals over 65 Individuals under 65 with high – risk comorbidities and health conditions
Phase IV	All other essential workers
Phase V	Healthy adults and children

I encourage you to visit the following site for more detailed information: https://forward.ny.gov/covid-19-vaccine-distribution

The vaccination process will likely take 6 to 9 months depending on the efficiency of the distribution process and the willingness of the public to get vaccinated. The vaccine will be available at hospitals, large outpatient clinics, doctor's offices, mobile health units, long-term care facilities, and other federal sites. There have been some questions about the possibility of the Meadows-Brickstone independent residents being on a priority list. As of this writing, I have had no indication that the Meadows-Brickstone independent residents will be given priority other than what is listed in the chart above.

Also, the gift of two signed copies of Channel 13's News Anchor Don Alhart's children's book, *Sibley's Christmas Adventure*, is located in the Briarwood lobby. Please enjoy these books in the library or lobby.

For the comfort and well-being of the Chestnut Court Residents, the Parks Room will be available for seating and visiting each other at a safe distance. Please respect the COVID safety rules of maintaining a 6 foot distance from each other and wear your mask.

That's all for this week's news. Looking forward to brighter days!

Paul Bartlett

Bulk, Beth

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