



stjohnsliving.org



A Homage to Family Memories

St. John's Home resident Betty Kelly sometimes feels that her five children are too persistent in their visits, calls, and well-wishes. And recently, according to Betty, her son Dave went even further above and beyond. Dave and his wife, based in the D.C. area

normally, made the trek to Rochester to present Betty with a custom blanket, emblazoned with images and words reflecting on their lifetime of family memories together.

The blanket depicted many Kelly family photos, as well as lists of the names of Betty's five children (and their spouses), her 18 grandchildren, and her five great-great-grandchildren, two of whom (twins) are due in October. Betty's son Tom, of Rochester, is in the Pacific Northwest now to be present for the arrival of the two littlest ones, his grandchildren.

Betty lived in Rochester her whole life; her parents lived off Lyell Avenue, and she sometimes spent summers at Conesus Lake, where her uncle owned a cottage. As an adult, Betty worked at RIT as a receptionist, greeting guests to the campus. Betty's five children are scattered across the Eastern half of the United States; Tom and Mike are here in Rochester, Dave is in D.C., Mary Pat lives in Michigan, and Denny is in Florida.

Here at St. John's Home, Betty maintains a sharp wit and a wry sense of humor. Some of her favorite activites here include listening to music, coloring in adult coloring books, drinking white wine at Happy Hour, and eating ice cream.

Betty isn't so sure she likes all the attention she receives from her family, though she does recognize their faithfulness.

For more stories, visit stjohnsliving.org/story/

A Sunny Day on the Greens

With 120 golfers, assigned tee times, and new safety measures in place, St. John's 31st Annual Golf Tournament, held at Midvale Country Club on July 20, raised over \$90,000! A net profit of nearly \$75,000 will benefit residents of St. John's communities—St. John's Home, St. John's Meadows, Brickstone by St. John's, and St. John's Green House Homes—throughout the coming year. A special thank you to sponsors, contributors, and volunteers who helped make for a fun and fruitful day, particularly during this challenging year.

Congratulations to Tournament Chair Ben Kircher and Title Sponsor Alesco Advisors on a successful tournament. First-place winning foursome included: Timmy Kay; John and Ben Kircher; and Alan Smith from Alesco Advisors. In a very close second place were newcomers: Ed Leva; Mike McKeon; Kevin Gerken; and Greg French from Wellington Steele & Associates. Congratulations to all!

For a complete list of results, go online to stjohnsliving.org/golf-tournament.







Pictured above are (left to right): the first place winners, the second place winners, and the 'Generations' team.

Volunteer Spotlight: Cooper and Daphne



Cooper and Daphne, of Brighton, are two of our newest window visit volunteers at St. John's Home. The mother-son duo heard about our volunteer opportunities through a friend, when seeking ways to help in the community. They initially found it difficult under the circumstances of COVID-19 to find a volunteer opportunity where it felt like they were actually helping. However, they chose to volunteer with St. John's and believe this has been a fulfilling way to connect with the community.

If you see Cooper and Daphne in front of St. John's Home (where window visits are taking place), say hello and thank them for joining us as volunteers!

If you are interested in volunteering, go online to *st.johnsliving.org/about/volunteer.*

Notes from Nate



Over the course of this summer I have witnessed some truly beautiful moments between residents and their families through the panes of glass at our window visits. But, it is *not* enough. Over the course of this pandemic I have seen the staff of St. John's step up their efforts, open their hearts even wider, and

share compassion from a well of caring that somehow never runs dry. But, it is *not* enough. Over Mother's Day and Father's Day, I have held a tablet while an elder watched a video montage of all of their descendants professing their love and thanking them for raising a generation. But, it is *not* enough.

The restrictions that have been placed on nursing homes are managed by the organization's leadership, but endured by the residents and their families. Please know that St. John's stands with you in the battle to alter the rules around visitation. More than anything else, we want to keep our residents and staff safe and protected from the cruelty of COVID-19. However, we also worry about the effects of isolation that can emerge from the current restrictions.

Until the regulations and rules are changed, please know that we will continue to step up in our role in the lives of your loved ones. St. John's has always cherished the relationships that develop in our home, knowing that the care and companionship between our staff and the residents of St. John is a foundation for meaningful life in elderhood. Those foundations have been strengthened by our time together through this pandemic and I am inspired by the stories I hear about staff opening their hearts to residents in need. We are not and never will be a replacement for you, the friends and family of these precious residents. However, we will stand beside them through this storm until the day of your happy and long overdue reunion.

We urge you to continue to thoughtfully reach out to your elected officials and advocate for a review of the current restrictions. In the spirit of the *Families and Friends* newsletter, we encourage you to reach out to your own friends and family to join in the collected voice of advocacy.

A Special Recognition

The dedicated team on South 6 were recently called into the dining room for a reason they were not expecting! Neighborhood Administrator Erica Schmidt took the floor and began by saying "if I had to think of one word to describe South 6 it would be family," and she continued by saying, "South 6 has always held a special place in my heart."

The particular impetus for the gathering was for Schmidt to share with the team a special recognition given in honor of a beloved resident who recently passed, Lynette Canfield. Lynn's sister Karen wanted to thank the team for the love and care they provided to her sister and the impact they have had on the extended family. Schmidt said "we have had the privilege of knowing so many elders, Lynette being one very special part of our lives," and emphasized further "thank you all from the bottom of my heart for your absolute super human ability to love."

Karen and her family appropriately selected as their recognition gift a framed poem entitled "Caretakers of Dignity." This poem speaks of preserving dignity of those in their last years of life and the special work St. John's staff do. "When shadows lengthen and the sun has spent it's last rays, the caretakers of dignity lift a weary face in its final days."

For more, visit *stjohnsliving.org/blog/2020/* 07/24/a-special-recognition-for-south-6/



A Musical Visit

St. John's Home resident Barbara Myers was the recipient of a fun window visit from her daughter and grandson, who regaled her with songs sung through the phone. This is not the first memorable visit Barbara's children have provided! For more, go online to stjohnsliving.org/blog/2020/08/27/never-a-dull-window-visit/



Follow us on social media and visit our photo galleries at http://bit.ly/2R6tH1c to keep up with our busy residents!



150 Highland Avenue Rochester, NY 14620

Non-Profit Org. U.S... Postage PAID Rochester, NY Permit #87





Editor/Marketing Coordinator Austin Retzlaff

aretzlaff@stjohnsliving.org

Marketing Communications Manager Tom Harner tharner@stjohnsliving.org

Vice President of Skilled Services Nate Sweeney Vice President of Marketing Jennifer Lesinski jlesinski@stjohnsliving.org

President and CEO Charlie Runyon

Read our Annual Report Online



Exclusively online, our annual report offers a high-level overview of the calendar year at St. John's. Included are links to additional content giving you insight into the people and programs that make St. John's unique.

https://www.stjohnsliving.org/annual-report-2019