



**St John's**

HOME



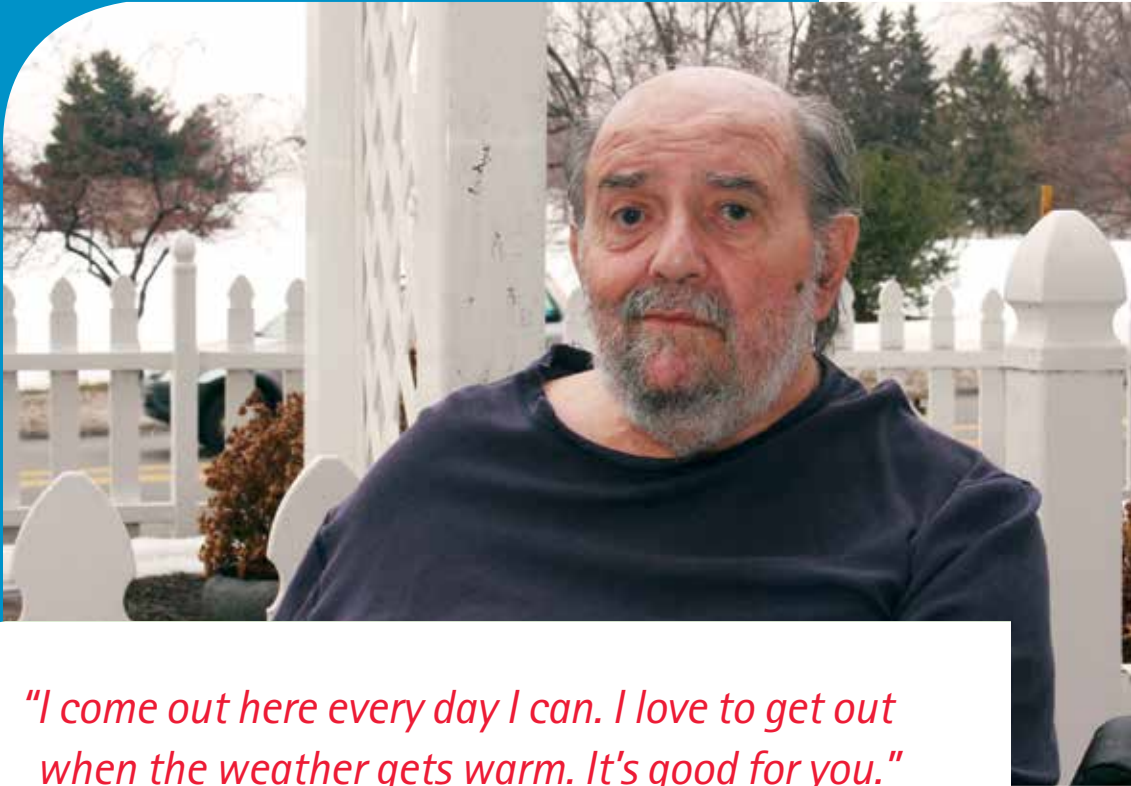
Innovative Long-Term Care

St. John's Home has been a leading provider of high-quality, innovative skilled nursing services for seniors in Rochester since 1899. Located on an 8-acre campus adjacent to picturesque Highland Park, our 455-resident skilled nursing facility provides round-the-clock care and includes assistance with all of the activities of daily living. Available services are tailored to your individual needs and include nursing, medical, pharmacy, therapy, social work, spiritual care, therapeutic recreation, and beautician/barber services.

### Living the Eden Way

As a registered Eden Alternative® nursing home, services are elder-directed with our mission, vision, and values being at the core of all we do. St. John's Home fosters companionship, provides opportunities for both giving and receiving care, and offers variety and spontaneity through daily life activities. We find ways to nourish the spirit and the body to fight loneliness and boredom. It is our hope that you continue to grow and embrace living while making your home at St. John's.





*"I come out here every day I can. I love to get out when the weather gets warm. It's good for you."*

**Dominic** and his wife Nancy have been happily married for over 30 years. After Dominic had a stroke and Nancy could not care for him by herself, she chose St. John's Home for its high quality care and proximity to the couple's home on Highland Avenue.

Dominic has resided at St. John's Home for more than four years. During this time he has watched some 400 movies and most enjoys the outings and activities. This Sicilian septuagenarian with a certain wry and sophisticated sense of humor likes to get outside as often as the weather allows it.

Asked what embracing living means to him, Dominic refers to the philosophy of George Gurdjieff—most humans live their lives in a state of hypnotic "waking sleep," but that it is possible to transcend to a higher state of consciousness and achieve full human potential. If this sounds interesting, or if you are up for talking about music, politics, or the Green Bay Packers, stop by and spend some time with this musical man of the world.

*To read stories from other residents of St. John's Home, go to [stjohnsliving.org/shareyourstory](https://stjohnsliving.org/shareyourstory).*



## Individualized Services

St. John's Home offers a variety of services to meet your health care needs. Our care partner team model, including on-site doctors, skilled nurses, therapists, social workers, and highly-trained support staff, puts you at the center of your care. It is the difference you will experience at St. John's Home.

**Adult Day Services:** St. John's provides a safe, nurturing environment supervised by professional, caring staff for individuals who continue to live at home but require additional assistance during the day. Unique care plans, which match the needs of each individual, are developed to promote independence and choice.

**Rehabilitation:** Our bright, spacious rehabilitation gym and life skills center, with Wi-Fi, flat-screen televisions, and expanded cable programming, is an inviting place for you to achieve your rehabilitation goals. Supported by a team of on-site physicians, we provide you with comprehensive rehabilitation services to help you get back home.

**Alzheimer's Disease/Dementia:** The best path to well-being for people living with dementia is through engagement with a diverse community. St. John's Home has safeguarded entrances and neighborhoods filled with art, music, visiting pets, and plants. We offer enclosed outdoor courtyards, providing a safe haven for exercise and outdoor activities.

**Comfort Care/Hospice:** St. John's offers compassionate care and support for residents and their families during the final stages of life. With a focus on maintaining comfort and honoring choices during the end-of-life experience, our interdisciplinary team specializes in pain management and hospice care, all within the principles of the Eden Alternative®.



## Our Journey to Small Homes

We believe that small community environments are best suited to deliver the rewarding human experience you, your family, and our employees deserve. The goal of the Small Homes project is to model all resident living spaces at St. John's Home after the successful operations achieved at our Green House® Homes in order to provide increased autonomy and specialized care for those we serve.

**Green House® Homes** are ranch style with 10 people receiving 24-hour skilled nursing care. These homes each have a great room ("hearth"), dining room, kitchen, and enclosed porch with access to a private courtyard. The hearth is easily accessible from large, private bedrooms, each with a private bath. St. John's was the first in the nation to develop two Green House® Homes integrated into an existing residential neighborhood outside of the campus of a traditional nursing home. Come see for yourself how elders embrace living at our Green House® Homes. Reserve your spot at Tea Talks every third Friday of the month.

Begin embracing life your way today!  
To schedule a tour call **585-760-1300** or  
visit **[stjohnsliving.org/tour-home](http://stjohnsliving.org/tour-home)**.

## A Full Spectrum of Senior Services

St. John's provides you with the peace of mind of having access to a full spectrum of senior services. We can assist you at any stage from exploration to moving into a new home. And, our support continues even after you become a resident. At any time, we are here to help you make your next transition.

- Senior Housing
- Independent Living with Care Services
- Rehabilitation
- Comfort Care
- Adult Day Services
- Skilled Nursing
- Alzheimer's/  
Dementia Care

Explore all that St. John's has to offer.

# Embrace life your way today!



[stjohnsliving.org](http://stjohnsliving.org)

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