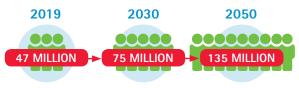
# Dementia Quality of Life Focus

Dementia is a syndrome, of a chronic or progressive nature, caused by a variety of brain illnesses that affect memory, thinking, behavior, and the ability to perform everyday activities. Dementia is overwhelming not only for the people who have it, but also for their caregivers and families.



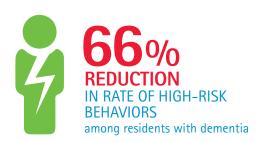
ESTIMATED NUMBER OF PEOPLE LIVING WITH DEMENTIA WORLDWIDE



OF ST. JOHN'S RESIDENTS ARE LIVING WITH DEMENTIA

### **Better Outcome for Residents**

At St. John's we strive to do things differently. Through our multi-pronged approach of providing customized services tailored to individual needs, we deliver higher quality of life outcomes for seniors living with dementia in our communities. It is our goal to support the highest levels of resident quality of life, family service satisfaction, and employee retention and engagement.









260/0
INCREASE
IN ELDER DEMENTIA
CARE CONFIDENCE
by Dementia Advocates



## The St. John's Difference



#### PEER ADVOCACY

As part of our peer-to-peer dementia advocate program, chosen direct care staff members are trained to become advocates who support the professional growth of all direct care staff via in-service trainings and 1:1 mentoring. The peer advocate role is introduced in new employee training and the role is assigned by neighborhood.



The St. John's Elders in Distress Team works closely with individuals and staff members within both direct and non-direct care roles to reduce behavior-related hospitalizations and transfers; reduce antipsychotic drug use; and sustain healthy, consistent resident relationships in order to foster a supportive community. Staff members in all departments receive training related to creating positive interactions with residents living with dementia.



St. John's Small Homes philosophy promotes a person-first approach to life for all residents. Seven skilled care nursing home "neighborhoods" feature capital improvements and technological innovations identified through consultation with our on-site Dementia Quality of Life Specialist and multi-disciplinary clinical teams.



### **FAMILY RESOURCES**

Our on-site Dementia Quality of Life Specialist is both an educator and mentor to family members and staff members. Caregivers can find information and emotional assistance through our established support group that meets on a periodic basis and offers topical programming and guest speakers. A dementia resource library, which features books, videos, and tangible support items, is also available to families, staff, volunteers, and residents.



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