

Menu Cycle Week 1 Regular Diet

ME=Main Entrée
S=Starch
V=Veg
D=Dessert

**Chicken Legs are available
for this meal**

0590Monday <u>Breakfast Special</u> Home Fries	Tuesday <u>Breakfast Special</u> Cinnamon Donut Hashbrown Patty	Wednesday <u>Breakfast Special</u> Strawberries and Yogurt Home Fries	Thursday <u>Breakfast Special</u> Banana Bread Hashbrown Patty	Friday <u>Breakfast Special</u>	Saturday <u>Breakfast Special</u> Home Fries	Sunday <u>Breakfast Special</u> Glazed Donut Strawberries and Yogurt
ME: Ham with pineapple glaze S: Scalloped Potatoes V: Baby Carrots D: Lemon Pudding	ME: Sloppy Joe on a Bun S: V: Turnip Greens D: Chocolate Chip Bar	ME: Stuffed Shells S: V: Sugar Snap Peas D: Pie	ME: Savory Beef Tips S: Fried Rice V: Mashed Squash D: Peach Crisp	ME: Open Face Meatloaf Sand. S: V: Green Beans w/ roasted red peppers D: Frosted Marble Cake	ME: Lasagna S: V: Spinach D: Mandarin Oranges	ME: BBQ Beef on a Bun S: V: Cauliflower w/cheese sauce D: Ice Cream Sundae Cup
ME: Baked Parmesan Caesar Chicken S: Baked Potato V: Mixed Vegetables D: Rasp. Applesauce	ME: Tacos (Hard and Soft Shells) lettuce, tomatoes, cheddar cheese, sour cream and salsa V: Oregon Blend D: Pineapple	ME: Turkey Stew S: Biscuit V: Parslied Carrots D: Banana Pudding	ME: BBQ Pork on a Bun S: V: Collard Greens D: Frosted Brownie	ME: Beer Battered Haddock S: French Fries V: Broccoli D: Cherry Bar	ME: Pork Tenderloin S: Roasted Potatoes V: Asparagus D: Chocolate PB Cupcake	ME: OF Hot Turkey Sand. S: V: Green Bean Casserole D: Sunday Special
Soup Cream of Mushroom (L) Minestrone (D)	Soup Split Pea (L) Corn Chowder (D)	Soup Chicken Minestrone (L) Cream of Tomato (D)	Soup Chicken Dumpling (L) Lentil (D)	Soup NE Clam Chowder (L) French Onion (D)	Soup Cream of Broccoli (L) Pasta Fagioli (D)	Soup Italian Wedding (L) Chicken Gumbo (D)

Menu Cycle Week 2 Regular Diet

ME=Main Entrée
S=Starch
V=Veg
D=Dessert

**Chicken Legs are available
for this meal**

Monday <u>Breakfast Special</u> Home Fries	Tuesday <u>Breakfast Special</u> Hashbrown Patty	Wednesday <u>Breakfast Special</u> Strawberries and Yogurt Home Fries	Thursday <u>Breakfast Special</u> Blueberry Muffin Hashbrown Patty	Friday <u>Breakfast Special</u> Apple Coffeecake	Saturday <u>Breakfast Special</u> Special	Sunday <u>Breakfast Special</u> Strawberries and Yogurt
ME: Eggplant Parmesan S: Italian Bread V: Caesar Salad D: Vanilla Pudding w/ Rasp. Sce	ME: Chicken Burger on a Bun S: V: Mashed Squash D: Vanilla Caramel Cake	ME: Crab Cake w/ Dill Sce S: Pasta Salad V: Broccoli and Cauliflower D: Pie	ME: Beef Stew S: Biscuit V: Honey Carrots D: Raspberry Whip	ME: Chicken Fingers S: Tator Tots V: Italian Green Beans D: Mandarin Oranges	ME: Chicken Parmesan S: Angel Hair Pasta/Sce V: Peas and Onions D: Iced Pumpkin Cake	ME: Rigatoni w/ meatballs S: V: Lemon buttered Broccoli D: Fruit Cocktail
ME: Macaroni and Cheese S: V: Stewed Tomatoes and Zucchini D: Orange Glazed Pound Cake	ME: Chili S: Cornbread V: Bermuda Blend D: Oatmeal Cookies	ME: Breaded Chicken Cutlet/Gravy S: Egg Noodles/Gravy V: Tuscan Blend D: Lemon Bar	ME: BBQ Riblette S: Cheddar Mashed Pot. V: Collard Greens w/ bacon D: Pineapple Upside Down Cake	ME: Popcorn Shrimp S: Seasoned Potatoes V: Coleslaw or California Gold Blend D: Apple Brown Betty	ME: Tuna Noodle Casserole S: V: Cauliflower D: Tapioca Pudding	ME: Blueberry Pancakes/Saus. S: V: Tomato Juice D: Sunday Special
<u>Soup</u> Chicken Noodle (L) Vegetable Pasta (D)	<u>Soup</u> Minestrone (L) Seafood Chowder (D)	<u>Soup</u> Cream of Tomato/Rice (L) French Onion (D)	<u>Soup</u> Corn Chowder(L) Italian Wedding (D)	<u>Soup</u> Manhattan Clam Chowder (L) Chicken Dumpling (D)	<u>Soup</u> Chicken and Pasta (L) Split Pea (D)	<u>Soup</u> Navy Bean (L) Cream of Broccoli (D)

Menu Cycle Week 3

Regular Diet

ME=Main Entrée
S=Starch
V=Veg
D=Dessert

**Chicken Legs are available
for this meal**

Monday <u>Breakfast Special</u> Home Fries	Tuesday <u>Breakfast Special</u> Hashbrown Patty	Wednesday <u>Breakfast Special</u> Strawberries and Yogurt Home Fries	Thursday <u>Breakfast Special</u> Apple Cinn. Muffin Hashbrown Patty	Friday <u>Breakfast Special</u>	Saturday <u>Breakfast Special</u> Home Fries	Sunday <u>Breakfast Special</u> Strawberries and Yogurt
ME: Potato Crusted Tilapia S: Rice Pilaf V: Orange Glazed Carrots D: Peaches	ME: Boneless Chicken Wings S: Sweet Potato Fries V: Spinach D: Lemon Cake	ME: Broccoli and Cheddar Quiche S: V: Braised Carrots/Celery D: Pie	ME: BBQ Chicken on a Bun S: V: Broccoli D: Rice Pudding w/ Raisins	ME: Manicotti w/ sauce S: V: Honey Lemon Wax Beans D: Hot Spiced Apples	ME: Cheese Pizza S: V: Green Beans D: Pears	ME: Roast Beef with Gravy S: Horseradish Mashed Potatoes V: Prince Edward Blend D: Cherry Cake
ME: Roasted Chicken S: Stuffing V: Brussel Sprouts D: Peanut Butter Cookies	ME: Hot Steak Sub S: V: Asian Blend D: Baked Custard	ME: Turkey a la King S: Biscuit V: Corn D: Raspberry Applesauce	ME: Meatloaf w/ gravy S: Mashed Potatoes V: Green Beans D: Carrot Cake	ME: Fried Fish on a Bun S: Baked Sweet Potato V: Peas and Onions D: Angel Food Cake	ME: Chicken Stew S: Biscuit V: California Gold Blend D: Apple Pie w/ cheddar cheese	ME: Spaghetti and Meatballs S: V: Spinach w/ mushrooms D: Sunday Special
<u>Soup</u> Chicken Noodle (L) Cream of Mushroom (D)	<u>Soup</u> Cream of Tomato (Rice) (L) Chicken Minestrone (D)	<u>Soup</u> Vegetable Pasta (L) NE Clam Chowder (D)	<u>Soup</u> Lentil (L) Chicken and Pasta (D)	<u>Soup</u> Seafood Chowder (L) Navy Bean (D)	<u>Soup</u> Pasta Fagioli (L) Loaded Baked Potato (D)	<u>Soup</u> Chicken Gumbo (L) Sweet Potato Chowder (D)