

A photograph of two women walking together in a park-like setting. The woman on the left is younger, with dark hair, wearing a white jacket and a blue scarf. The woman on the right is older, with short grey hair and glasses, wearing a light purple jacket. They are both smiling and looking towards the right. The background shows green grass and trees with autumn foliage.

*Tour a small home!*  
**585-760-1300**

## **Redefining Long-Term Care with Small Homes** *A New Alternative to Home Care*

Experience skilled senior care levels beyond in-home service delivery with better life quality for your loved one. St. John's is pleased to offer an innovative alternative that is changing long-term care.

- **Reduced isolation** and loneliness
- **Highest level of safety** with round-the-clock, on-site medical team
- **Freedom of choice** and **individual customization** with comprehensive care staff
- **Enhanced family support** by St. John's holistic care approach
- **Greater peace of mind** for family caregivers
- **Increased** physical, mental, and social **engagement**

Come see for yourself how St. John's is helping seniors to embrace living through small homes.

Call **585-760-1300** to schedule a tour. *We have a neighborhood ready to welcome your loved one today!*



[stjohnsliving.org](http://stjohnsliving.org)



## Small Homes Advantage

In-home service delivery is no longer the only available option to support seniors who desire skilled care with all the comforts of home. St. John's has created small homes within its 150 Highland skilled care setting that offer the features of at-home living with all the advantages afforded by higher levels of care.

### Safety

An increased risk of falling or suffering injury related to at-home environmental conditions are among considerations to be weighed when comparing long-term care service options. St. John's small homes provide a home-like setting that promotes elder mobility within intimate living spaces designed for safety. Our dedicated medical team of doctors, LPNs, and nurse practitioners is available round-the-clock to provide on-demand support.

### Comprehensive Care

Lack of individualized care can be a concern for informal caregivers as they consider at-home versus skilled care for their loved ones. At St. John's we believe that long-term care is best delivered through small homes with increased elder engagement and consistent interaction by dependable, highly skilled caregivers. Under our comprehensive staffing model, dedicated care teams are in place to holistically address elders' individual needs and desires without the burdens of fragmented and complex role structures. Increased satisfaction levels for both elders and staff result in improved quality of care.

### Engagement

Social isolation and loneliness are among the risk factors for seniors living at home. Your loved one deserves the opportunity to *embrace living* in a way that is personally meaningful. Small homes provide close-knit, caring communities where activities are elder-directed and relationships are fostered through increased recognition of all community members.

### Choice

Seniors living with cognitive and physical challenges can and should be ensured the opportunity to make decisions affecting their quality of life. Small home staffing levels are in place to deliver responsive changes to individual needs. Supporting the choices of each resident is a tenet of the small homes model. Training for comprehensive staff includes specialized methods of fostering freedom of choice for seniors living with Alzheimer's (and other dementias).

To schedule a tour call **585-760-1300** or go to **[stjohnsliving.org/small-homes](http://stjohnsliving.org/small-homes)** today!



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Embrace life your way today!

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