

Enhanced Assisted Living Residences



St John's
MEADOWS



"There is always something going on [at St. John's.]"

Since Gordon Law, a long-time volunteer of St. John's, transitioned to the Hawthorne he could not be happier. His daughter Joan feels the same way. "We wanted him to stay with St. John's and we were ecstatic when he was able to come to the Hawthorne," says Joan, who spends time with her dad several times a week. They share a "bomb around day" together once a week when they choose a new restaurant to try. They go to church together every Sunday. In the past year, Gordie and Joan have taken two

vacations together—something which other living arrangements may not have allowed. "He can still go away for a bit and not have to worry that he would lose his apartment."

When Joan or one of Gordie's other children are not visiting, he is busy immersing himself in the several activities going on at the Hawthorne and throughout St. John's Meadows. For Gordie, "there is always something going on." At the same time, the Hawthorne staff provides him with the support he needs while allowing for the autonomy he deserves.

This perfect balance of support and independence at the Hawthorne has kept Gordie linked to the organization he has been involved with for over three decades.

To read stories from other residents of St. John's Meadows, go to stjohnsliving.org/shareyourstory.

With a rich community history of providing living options for seniors, St. John's adds to its spectrum of service offerings a higher level of assisted living care that increases the opportunity for individuals to age in place. Our enhanced assisted living residences at the Hawthorne provide increased levels of safety and support, while maintaining personal choice.

Personalized Care

Our experienced health care team is trained in the latest advances in assisted living care to support a full breadth of geriatric needs. Under St. John's comprehensive staffing model (similarly found in our innovative small homes) dedicated care teams are in place to holistically address residents' individual needs. With customized care plans, high caregiver to resident ratios, and an emphasis on building relationships, residents enjoy improved quality of care and increased satisfaction levels at the Hawthorne.





Safety and Support

Having on-site nursing staff available 24 hours a day and the option to access on-site laboratory services, podiatry assistance, and a physician office, offers residents an additional level of safety and support. Assistance with transfers (not requiring a medical lift), administering injections, medical equipment support, and medication management are also available within this enhanced level of care.

Comforts of Home

With a goal of creating an environment as close to home as possible, we have a silent, resident-wearable call system that minimizes interruptions to daily life. Our spacious, one bedroom apartments are wheel-chair accessible and come complete with a kitchenette and walk-in shower. For those requiring this feature, we have a fully-equipped, private bath suite with a walk-in tub available. We also offer residents fine-level dining three times daily with the option to receive state approved dietary modifications such as no added salt and low concentrated sweets.



"Here you are treated with respect, real friendliness, and helpfulness. The staff members, no matter what department they are in, are always there for you!"



Value-Added Amenities

There is peace of mind in knowing that many value-added benefits are included in the monthly rent, avoiding the significant upcharges that are a part of the fee structures of other providers. Such amenities as transportation to medical and personal appointments; medication assistance program overseen by a registered nurse; case management services, an in-house personal emergency response system; cable TV; and weekly housekeeping, are just some of the no-cost benefits offered at St. John's.



Fullness of Life

Personalizing residents' daily life experiences based on capability and preference is our goal for creating an environment that fosters fullness of life. With a full-time recreation therapist on site, daily activities are planned in partnership with residents, while also providing the option to participate in additional recreation offerings and venues available across St. John's Meadows' beautiful 35-acre community. Whether residents wish to enjoy quiet time in their own apartment or gathering with friends in the many open, public places, there is always something to do at the Hawthorne.



"I couldn't ask for anything more—a lot of activities for us to partake in and the food is healthy and delicious."

Aging in Place

Residents experience higher levels of care than found within traditional assisted living programs, bridging the gaps that can exist between this level of service and skilled nursing facilities.

Services provided such as diabetic management, physical assistance with ambulation and transfers, chronic incontinence management, and support for other complex medical challenges and equipment, are aimed at allowing individuals to age in place.

With professional services offered at a fraction of the cost of traditional skilled care, enhanced assisted living services at St. John's Meadows is a safe, supportive, cost-effective option for those wishing to age at "home."

Begin embracing life your way today!

To schedule a tour call **585-442-1300** or visit **stjohnsliving.org/enhanced-assisted**.

A Full Spectrum of Senior Services

St. John's provides you with the peace of mind of having access to a full spectrum of senior services. We can assist you at any stage from exploration to short-term care to moving into a new home. And, our support continues even after you become a resident. Should your needs change at any time, we are here to help you make your next transition.

- Senior Housing
- Enhanced Assisted Living Services
- Rehabilitation
- Adult Day Services
- Skilled Nursing
- Alzheimer's/
Dementia Care
- Comfort Care

Explore all that St. John's has to offer.

Embrace life your way today!



stjohnsliving.org

1 Johnsarbor Drive West, Rochester, NY 14620 • 585-442-1300