

Experience Small Homes During Your Short-Term Stay

Respite Care Services for Seniors

Whether for respite care during an upcoming vacation, for illness recuperation, or in an emergency, know that there is a nurturing place for your loved one and peace of mind for you. St. John's innovative small homes model for long-term care is now available for stays as short as a week.

- Flexible care when you need it
- Physical, mental, and social **engagement** for your loved one
- Highest level of safety with an on-site medical team
- Freedom of **choice** and individual **customization** with comprehensive care staff
- Full array of amenities for convenience and comfort

Come see for yourself how St. John's is helping seniors to embrace living through small homes. Call **585–760–1300** to schedule a tour.

Our respite care small home is ready to welcome your loved one today!





Small Homes for Respite

Short-term respite care with all the comforts of home is now available for caregivers who need skilled level support for their loved one on a limited basis. St. John's has created a specialized small home within a skilled care setting that offers the features of at-home living for stays of one week or more.

Safety

While on vacation or during your own recovery, you do not want to worry about your loved one falling or suffering injury related to at-home environmental conditions. St. John's small homes provide a home-like setting that promotes elder mobility within intimate living spaces designed for safety. Our dedicated medical team of doctors, LPNs, and nurse practitioners is available round-the-clock to provide on-demand support.

Comprehensive Care

Lack of individualized care can be a concern for informal caregivers as they consider skilled care, even on a short-term basis. At St. John's we believe that care is best delivered through small homes with increased quest engagement and consistent interaction by dependable, highly skilled caregivers. Under our comprehensive staffing model, dedicated care teams are in place to holistically address your loved one's individual needs and desires without the burdens of fragmented and complex role structures. Increased satisfaction levels for both quests and staff result in improved quality of care.

Engagement

While you are away, your loved one deserves the opportunity to "embrace living" in a way that is personally meaningful. Small homes provide closeknit, caring communities where activities are guest-directed and relationships are fostered through increased recognition of all community members. A full array of amenities and programming are provided so that your loved one has a positive experience and smooth transition while away from home.

Choice

Even during this short-term stay, guests with cognitive and physical challenges can and should be ensured the opportunity to make decisions affecting their quality of life. Small home staffing levels are in place to deliver responsive changes to individual needs. Supporting the choices of each guest is a tenet of the small homes model. Training for comprehensive staff includes specialized methods of fostering freedom of choice for seniors living with Alzheimer's (and other dementias).

To schedule a tour call 585-760-1300 or go to stjohnsliving.org today.



stjohnsliving.org

Embrace life your way today!