



After doctors at Highland Hospital drained some fluid from John Larish's knee, they sent him home while they did some tests. The very next day, Larish received a phone call saying they had found bacteria in the fluid and that they would have to operate as soon as possible. A veteran of the rehab process, Larish chose to try St. John's for the first time.

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"It's the caring of the individual people," Larish says. "Not necessarily just the nurses, the nurses were very kind and very

concerned for me always, but it was the people who helped get me into clothes and helped me with things that I couldn't handle yet. That was the amazing part of it."

Larish's stay at St. John's was relatively brief—about three weeks—but it was enough to leave a good impression on him. "When I needed anything, there was always someone there with me," he says. "People were so kind that way. People were very kind even when they came in to clean the room. They would smile and they would say hello and they seemed to have that feeling that was caring."

To read stories from other residents of St. John's Home, go to stjohnsliving.org/shareyourstory.

A Full Spectrum of Senior Services

St. John's provides you with the peace of mind of having access to a full spectrum of senior services. We can assist you at any stage from exploration to short-term care to moving into a new home. And, our support continues even after you become a resident. Should your needs change at any time, we are here to help you make your next transition.

- Senior Housing
- Enhanced Assisted Living Services
- Rehabilitation
- Adult Day Services
- Skilled Nursing
- Alzheimer's/ Dementia Care
- Comfort Care

Explore all that St. John's has to offer.
Embrace life your way today!



stjohnsliving.org

150 Highland Avenue, Rochester, NY 14620 • 585-760-1300

Trusted Senior Rehabilitation



A trusted provider of rehabilitation services for seniors, St. John's is proud to offer innovative programs led by a qualified staff team committed to restoring personal health and well-being. Centrally located with views overlooking Highland Park, St. John's is a perfect choice for those seeking a welcoming environment for recovery after surgery or a hospital stay.

Rehabilitation Expertise

Our experienced therapy staff is trained in the latest advances in rehabilitative medicine to support a full breadth of transitional care needs from orthopedic surgery recovery to cardiac and stroke rehabilitation. Board-certified, on site internists/geriatricians, physician assistants, nurse practitioners, physical therapists, occupational therapists, speech therapists, and licensed social workers comprise the team of professionals that partner with you to build an individualized plan that gets you safely and efficiently back where you want to be—home!





Skilled Therapy Services

Our nationally-accredited services are tailored to individual needs and post-hospital goals. Customized plans can include a number of therapy services such as physical, occupational, music, speech language pathology, and independent life skills. We also offer various specialty acute care programs, including wound care, pain management, and swallowing disorders, and the medical support of a psychiatrist and medicine specialist as required.

State-of-the-Art Rehabilitation Gym

Our spacious, fully-equipped rehabilitation gym and life skills center provides the right environment to help you meet your post-surgery goals. We offer rehabilitation sessions 7 days a week as required with the very latest technology and training to enable you to recover faster. We are one of the few centers in the area that has a real-sized simulated automobile that allows therapists to provide specific skills training in transfers.

"The physical therapy was phenomenal! Completed in three weeks what would usually take six weeks. Great physical therapists!"



Valued Benefits

It is the extra services that set St. John's rehabilitation services out from the rest. Valued benefits, such as transportation from local hospitals to our center upon admission and to necessary appointments while in care, make life easier for you and your family during your stay with us. Being able to enjoy made-to-order dining options on a schedule of your choosing provides comfort like home. And, for those that wish to celebrate "TGIF," our weekly Friday cocktail hour hosted especially for our rehab small home residents, promises not to disappoint.

Personalized Care

Our small rehabilitation services residence unit allows for a more personalized level of care than found at larger providers. Boasting a 10:1 patient to nursing ratio, you can be assured that your needs will be met in a timely and customized manner throughout your stay with us. We know that your goal from the time you begin care with us is to transition back home; therefore, you are immediately partnered with one of our licensed social workers for care planning. It is their role to work with you and your family to create a discharge plan that ensures you avoid a future hospital stay.



"Your staff was very friendly and encouraging. They filled my days with compassion and helpfulness. They got me moving to come home!"

A Small Homes Community

St. John's has implemented within its rehabilitation and skilled care services a small homes model that offers the features of at-home living with all the advantages afforded by higher levels of care. Under our comprehensive staffing model, dedicated care teams are in place to holistically address individual's needs. Increased satisfaction levels for both seniors and staff result in improved quality of care.

Neighborhood-based activities are available, along with a variety of community-wide entertainment offerings, so that you can customize your recovery process as you would if you were home.

Begin embracing life your way today!
To schedule a tour call 585-760-1300 or visit stjohnsliving.org/tour-home.