

Thursday, February 1st

1:00 pm Euchre-CCClub
1:30 pm Bingo-BWActRm
7:00 pm Google Rochester- BW/ENT

Friday, February 2nd

10:30 am Chair Exercise-BWFoyer
11:00 am Chair Exercise-CCParks
1:30 pm Coloring, Coffee, Conversation-CCClub
1:30 pm Board & Card Games-BWActRm
2:00 pm Discovery Series-Defying Gravity Clinic
-CCParks
6:30 pm Hand & Foot- CCClub

Saturday, February 3rd

10:30 am Notably Yours-Vocals-BW/ENT
1:00 pm Bridge-BWActRm
1:00 pm Eye Glass Repair-CCPDR
1:30 pm Bingo-CCParks
4:30 pm Super Bowl Tailgate Dinner-BWDNR
7:00 pm Mexican Train Dominoes-CCParks

Sunday, February 4th

10:30 am DVD Chair Exercise-BW/ENT
10:45 am Fellowship of Faith-CCParks
2:00 pm Catholic Communion-BW/ENT
6:30 pm Super Bowl Sunday-BW/ENT

****Jewish Sabbath Prayers have
returned to 7:00 pm****

SAVE THE DATE

Wow Wednesday

Wednesday, February 7th

"Crazy For You"

Brighton High School Play

Departure at 4:00 pm

Cost \$5.00 (Box Lunch)

Please RSVP with Travawn at 242-7012

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### ***Valentine Tea***



Saturday, February 10th at 2:00 pm-BW-ENT

Please RSVP with Travawn at 242-7012

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Yes, it's Variety Show Time!!!

Friday, March 23, 2018

The theme is



***"We Welcome and Encourage All to
Participate!!!!". Come and share your talent
with your fellow residents and staff.***

Please sign up with

Karen Bovee at 242-7010 or

Jean Loomis at 242-7013



Details and Useful Information

Discovery Series

*2:00 pm CCParks
Friday, February 2, 2018*

*Defying Gravity Clinic: Interactive discussion
and clinic to screen for balance and risk for
falls.*

Super Bowl Sunday

Sunday, February 4, 2018

6:30 pm – BW/ENT



*Come and watch the action on the
" Big Screen"*

*Enjoy the game and one another as you root
for your team to win.*

(Tailgate Snacks Provided)

*The Meadows campus is Smoke Free.
Please communicate this to your health aides
and family. All smokers must not smoke on
Meadows property.*

New opportunity for fun & movement

"Dancing with Lynn"



**Starting Thursday, February 8th
10:30 am-CCParks**

*Residents and their family members can easily
view all of the wonderful events happening at
the Meadows from their computers.*

*Go to: [http://www.st-johns-meadows.org/
independent-living](http://www.st-johns-meadows.org/independent-living) under Calendar of All
Activities. You can view Activities Slideshow
at www.touchtown.us/home/of/stjohns*

*Please call Building Services with any issues
getting the Activities Slideshow on your
television since the channel has changed.*

Helpful Hint:

*Read your monthly at the beginning of each
month and highlight the activities that
interest you. In addition, you can put these
activities on your personal calendar.*

Monday, February 5th

9:30 am Coffee w/Paul-CCParks
10:30 am Chair Exercise-BWFoyer
11:00 am Chair Exercise-CCParks
11:00 am DVD Learning Series-
The World's Greatest Geological Wonders-
BW/ENT
1:00 pm & 2:00 pm Life Fitness Class-BW/ENT
2:00 pm Laura Dubin-Jazz Pianist-CCParks
7:00 pm Monday Night Musicale-
The King and I (Part 1)-BW/ENT

Tuesday, February 6th

8:30 am Men's Group-BW/ENT
10:30 am Chair Exercise-BWFoyer
1:00 pm Bridge-CCClub
1:00 pm Food Forum-BW/ENT
2:00 pm Bible Study-CCPDR
2:00 pm Crafts with Sandra-BWActRm
3:30 pm Joe Miltsch-Keyboard/Vocals-
BW/ENT
6:30 pm Nazareth Class- BW/ENT

Wednesday, February 7th

10:30 am Chair Exercise-BWFoyer
11:00 am Chair Exercise-CCParks
1:00 pm Life Fitness-CCParks
1:00 pm Kings Corner-BWActRm
1:15 pm Meadowlarks Practice-BW/ENT
2:00 pm Crafty Ladies-CCClub
3:00 pm "Writing Your Final Chapter"
Presentation-CCParks, See MAC channel
4:00 pm Wow Wednesday-Brighton HS
6:30 pm Judaism 101 with David Orange-
BWActRm
7:00 pm Rosary Prayer Group-CCPDR

Thursday, February 8th

10:30 am Dancing with Lynn-CCParks
10:30 am Chair Exercise-BWFoyer
1:00 pm Euchre-CCClub
1:30 pm Oasis Current Events-CCParks
4:30 pm Café Buffet-CCParks
1:30 pm Bingo-BWActRm
2:00 pm Lutheran Service-BW/ENT
3:30 pm Art for the Young at Heart-BWActRm
6:00 pm Depart RPO-tickets on your own,
transfee \$6-\$8 (242-7014)
7:00 pm Movie Night- BW/ENT, See MAC
channel for movie title and info

Friday, February 9th

9:00 am Women's Breakfast-BWDNR \$5 at the
door. Doors Open at 8:30 am -Please RSVP at
760-7352 Guest Speaker: Jim Braker
10:30 am Chair Exercise-BWFoyer
10:30 am Art Gallery Committee-BWActRm
11:00 am Chair Exercise-CCParks
1:00 pm All Christians Worship-CCParks
1:30 pm Board & Card Games-BWActRm
6:30 pm Hand & Foot -CCClub
7:00 pm Jewish Sabbath Prayers-CCParks

Saturday, February 10th

10:30 am -Bill Fay & Co- Keyboard/Vocals-
BW/ENT
1:00 pm Bridge-BWActRm
1:30 pm Bingo-CCParks
2:00 pm Valentine Tea-BW/ENT
7:00 pm Mexican Train Dominoes-CCParks

Sunday on the back...

Details and Useful Information

Sunday, February 11th

10:30 am DVD Chair Exercise-BW/ENT
10:45 am Fellowship of Faith-CCParks
2:00 pm Catholic Communion-BW/ENT
4:00 pm Irish Film Festival Dinner & Movie
BW/ENT ****Reservation Only****
RSVP Joanne Weinstein at 242-7030

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*Monday, February 5th 11:00 am*  
*DVD Learning Series- BW/ENT*  
*The World's Greatest Geological Wonders*

*Antarctica- A World of Ice and Columbia*  
*Glacier-Unusual Glacier Cycles.*  
*Why is the world's largest desert made up*  
*of ice?*

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Monday February 5th, 7:00 pm
Monday Night Musicale-BW/ENT
The KING and I (Part 1)

1956, 133 minutes (with subtitles)
Starring Yul Brynner, Deborah Kerr, and Rita
Moreno. Featuring the music of Rogers and
Hammerstein.

In the 1860s, a widowed Welsh mother gets
a job as a governess and tutor to the wives
and many children of the very stubborn
King of Siam. An unlikely romance develops
between the two.

Friday Feb 9th-Women's Breakfast \$5.00
9:00 am BWDNR: Doors open at 8:30 am
Guest Speaker: Jim Braker

"Italy: The Splendor & Chaos"

Our very own Reverend Dr. Jim Braker will
share some of his experiences of living in
Italy for three years.

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*Valentine Tea*

*February 10th at 2:00 pm-BW/ENT*  
*Come join us for some wonderful pastries*  
*and sip some delightful tea all while*  
*conversing with your fellow peers.*  
**\*\*\*BRING YOUR FAVORITE TEA CUP\*\*\***  
*RSVP with Travawn at 242-7012*

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Irish Film Fest ~ Dinner and a Movie
4:00pm dinner in BWDR followed by an
Irish themed movie in the BW Ed Nier
Theater. Reservations are required as
there are a limited number of seats.

If you would like to attend please call
Joanne Weinstein 242-7030.

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### *Giving Opportunity*

*Sunday, February 25th*

*Loop Ministries Golf Tournament*

*1:00 pm-4:30 pm*

*Brickstone Winter Garden*

*Please join us for a fundraiser for Loop*  
*Ministries Food Pantry. \*\*\$5.00 at the door\*\**

### ***Monday, February 12th***

9:30 am Coffee w/Paul-CCParks  
10:30 am Chair Exercise-BWFoyer  
11:00 am Chair Exercise-CCParks  
11:00 am DVD Learning Series –  
Remembering Leonard Bernstein-BW/ENT  
1:00 pm & 2:00 pm Life Fitness Class-  
BW/ENT  
2:00 pm Cyndi Kingsley-Vocals- CCParks  
4:15 pm Departure for Dinner outing to  
Phillips European please RSVP with Karen  
at 242-7010  
7:00 pm Monday Night Musicale –  
The King and I (Part 2)-BW/ENT

### ***Tuesday, February 13th***

8:30 am Men's Group-BW/ENT  
10:30 am Chair Exercise-BWFoyer  
10:00 am Blood Pressure Clinic-BWActRm  
1:00 pm Market Place Mall/Walmart Outing  
1:00 pm Bridge-CCParks  
1:30 pm Peripheral Neuropathy Support Group  
Meeting- CCClub  
2:00 pm Bible Study-CCPDR  
2:00 pm Crafts with Sandra-BwActRm  
3:30 pm John Williams-Piano-BW/ENT  
6:00 pm Nazareth College Class-BW/ENT  
6:30 pm Rochester Computer Society-  
BWActRm

### ***Wednesday, February 14th***

10:00 am Valentine's Day Bake Sale-BW/ENT  
10:30 am NO Chair Exercise Today-BWFoyer  
11:00 am Chair Exercise-CCParks  
1:00 pm Kings Corner-BWActRm  
1:00 pm Spiritual Life Committee Meeting-  
CCPDR  
2:00 pm Crafty Ladies-CCClub

3:00 pm Valentine's Day Cocktail Hour  
Larry Delahooke-Piano/Vocals-BW/ENT  
Lukus Wells-Piano/Vocals-CCParks  
7:00 pm Rosary Prayer Group-CCPDR  
7:00 pm Genesee G Gauge Railroad Meeting-  
BW/ENT

### ***Thursday, February 15th***

10:30 am Chair Exercise-BWFoyer  
11:00 am Cottage Book Club-CCClub  
1:00 pm Euchre-CCClub  
1:30 pm Bingo-BWActRm  
7:00 pm Movie Night- BW/ENT, See MAC channel  
for movie title and info

### ***Friday, February 16th***

10:00 am Recreation Group Meeting- CCPDR  
10:30 am Chair Exercise-BWFoyer  
11:00 am Chair Exercise-CCParks  
1:00 pm Life Fitness Class-CCParks  
1:30 pm Coloring, Coffee, Conversation-CCClub  
1:30 pm Board & Card games-BWActRm  
6:30 pm Hand & Foot -CCClub  
7:00 pm Jewish Sabbath Prayers-CCParks

### ***Saturday, February 17th***

10:30 am 10th Ward Boys-Folk/Popular-BW/ENT  
1:00 pm Bridge-BWActRm  
1:30 pm Bingo-CCParks  
7:00 pm Mexican Train Dominoes-CCParks

**Sunday on back.....**

***Please make every effort to be on time for all programs & activities.***

## Details and Useful Information

### **Sunday, February 18th**

10:30 am DVD Chair Exercise– BW/ENT  
10:45 am Fellowship of Faith Worship–CCParks  
2:00 pm Catholic Communion–BW/ENT  
2:30 pm Coloring with Marsha–BW/ActRm  
7:00 pm Sunday Night Movie– Going In Style–  
BW/ENT

Monday February 12th, 11:00 am  
DVD Learning Series–BW/ENT,  
Remembering Leonard Bernstein

*Don Bogdanski discusses the life and work of this 20th Century cultural figure as part of the world wide two year celebration of his life. What does music mean?*

Monday, February 12th, 4:15 pm Dinner  
Outing to Phillips European

*Enjoy a variety of European dishes with your choice of chicken, beef, veal, pork and seafood accompanied by soup, salad or pasta. Save room to indulge in one or more of their irresistible decadent desserts lined up on showcase as soon as you enter.*

Sunday February 18th 7:00 pm Sunday  
Night Movie BW/ENT: Going In Style

When their pension fund becomes a corporate casualty, lifelong buddies Willie, Joe and Al decide to risk it all. Embarking on a daring bid to knock off the very bank that absconded with their money to pay the bills and come through for their loved ones.

## FITNESS ROOM and POOL

*In Chestnut Court, Open Daily*

*6:30 a.m.–10:30 p.m.*



*Never swim alone. Two adults are always required for anyone to swim. Always have another adult on deck. See your Meadows/Brickstone Directory for class sign-up procedures and contact information. Note class times on Pool Schedule. Please read and sign the pool safety rules form and leave in the pool sign in notebook.*

*\*\*All new users on our fitness machines in the CC Fitness Room must be oriented.\*\**



*Your name will be on the list in the Fitness Room as verification. Thank-you.*

*The fitness room is not staffed. A buddy is highly recommended! An orientation is required for all who use the equipment, including invited guests and family members. Please consult a doctor about your workouts. Certified personal trainer, Valerie Trerise, is on site twice monthly, (1st & 3rd Thursday) from 12:30–1:30 p.m. No need to set up an appointment, Valerie will provide orientations and personal training assistance during these times. Call Karen, 242-7010 with any questions about the pool or fitness room.*

**Chestnut Court Gift Shop Hours: Mon, Tues, Thurs, Fri 12–3pm Wed 10am–3pm, Sat 12–2pm Stamps available for purchase here and at the Briarwood front desk**

## ***Monday, February 19th***

9:30 am Coffee w/Paul-CCParks  
10:30 am Chair Exercise-BWFoyer  
11:00 am Chair Exercise-CCParks  
11:00 am DVD Learning Series-The World's  
Greatest Geological Wonders-BW/ENT  
1:00 pm & 2:00 pm Life Fitness Class-BW/ENT  
2:00 pm Henry Kears- Piano/Audience  
Participation-CCParks  
7:00pm Monday Night Musicale--  
The Great Ziegfeld (Part 1) BW/ENT

## ***Tuesday, February 20th***

8:30 am Men's Group-BW/ENT  
10:30 am Chair Exercise-BWFoyer  
1:00 pm Bridge-CCParks  
2:00 pm Bible Study-CCPDR  
3:30 pm Two For The Road-Guitar/Vocals-  
BW/ENT  
6:00 pm Nazareth College Class-BW/ENT

## ***Wednesday, February 21st***

10:30 am Chair Exercise-BWFoyer  
11:00 am Chair Exercise-CCParks  
1:00 pm Life Fitness Class-CCParks  
1:00 pm Kings Corner-BWActRm  
1:15 pm Meadowlarks Practice-BW/ENT  
2:00 pm Crafty Ladies-CCClub  
2:00 pm Blood Pressure Clinic-CCPDR  
6:30 pm Judaism 101 with David Orange-  
BWActRm  
7:00 pm Rosary Prayer Group-CCPDR

## ***Thursday, February 22nd***

10:30 am *Dancing with Lynn*-CCParks  
10:30 am Chair Exercise-BWFoyer  
1:00 pm Euchre-CCClub  
1:30 pm Bingo-BWActRm  
3:00 pm Glorious Music with Esther & Paul-CCParks  
3:30 pm Art for the Young at Heart-BWActRm  
7:00 pm Movie Night-BW/ENT-See MAC  
channel for movie title info

## ***Friday, February 23rd***

10:30 am Chair Exercise-BWFoyer  
11:00 am Chair Exercise-CCParks  
1:30 pm Board & Card games-BWActRm  
6:30 pm Hand & Foot-CCClub

## ***Saturday, February 24th***

10:30 am Take Note Jazz Singers-Vocals-  
BW/ENT  
1:00 pm Bridge-BWActRm  
1:30 pm Bingo-CCParks  
7:00 pm Mexican Train Dominoes-CCParks

## ***Sunday, February 25th***

10:30 am DVD Chair Exercise- BW/ENT  
10:45 am Fellowship of Faith-CCParks  
2:00 pm Catholic Communion-BW/ENT  
7:00 pm Sunday Night Movie-  
Victoria & Abdul

## Details and Useful Information

*Monday Feb. 19th 11:00 am  
DVD Learning Series–BW/ENT  
The World's Greatest Geological Wonders*

*Fiordland National Park– Majestic Fiords  
and Rock of Gibraltar Catastrophic Floods.  
What is left over when the ice is gone?*

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*Monday Feb. 19th , 7:00 pm BW/ENT
Monday Night Musicale*

The Great Ziegfeld (Part 1) 1936

185 Minutes (With subtitles)
Starring William Powell, Myrna Loy, Luise
Rainer, Frank Morgan, Fanny Brice and
many more.

This movie won three Academy Awards
including best picture. An extremely
entertaining biopic chronicling the ups and
downs of the famed producer of
extravagant stage revues, Florenz Ziegfeld.
Who can forget the Ziegfeld Follies?

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*Thursday, February 22nd*

*3:00 pm—CC Parks,*

*Glorious Music with Esther and Paul–*

*"The Brahms Requiem"*

*New English Adaption by Robert Shaw  
with The Mormon Tabernacle Choir &  
Utah Symphony*

*Sunday February 25th, 7:00 pm  
Sunday Night Movie, BW/ENT:  
Victoria & Abdul*

"In the twilight years of her reign, Queen Victoria meets tall and handsome Abdul Karim, a humble servant from Agra waiting tables at her Golden Jubilee. The two form an unlikely bond and within a year Abdul becomes a powerful figure at court, the Queen's teacher, her counsel on Urdu and Indian affairs, and a friend close to her heart.

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TRANSPORTATION INFO AT YOUR FINGERTIPS

*Call 242-7014 for transfee, groceries, and
shuttle to St. John's Home.*

Grocery Runs

*Tuesdays- 9a, 9:30a, 10a, 10:30a to Clinton-
Tops Market*

*Thursdays- 9a and 10:30a to Pittsford Wegmans.
Please be on time for pickup. Scheduled runs
do not arrive on time, if the bus has to wait for
you! Thank you!*

*Transportation can take you on personal errands...
visiting a friend, going out to lunch. Charges
apply for BS, CC and Cott., in some cases BW.*

*For medical appointments, complete a request
form available at CC office or BW desk and return
to the same place, although we try to
accommodate same day requests, we recommend
2 days in advance.*

*Transportation does not provide service on
weekend or the six holidays recognized by
St. John's (New Year's, Memorial Day,
Independence Day, Labor Day, Thanksgiving Day
or Christmas Day).*

Be in the know...watch Activity Channel. Listen to the Activity Hot Line, 242-7000.

Monday, February 26th

9:30 am Coffee w/Paul-CCParks
10:30 am Chair Exercise-BWFoyer
11:00 am Chair Exercise-CCParks
11:00 am DVD Learning Series-The World's
Greatest Geological Wonders-BW/ENT
1:00 pm & 2:00 pm Life Fitness Class-BW/ENT
2:00 pm – Dick Leschhorn- One man Band-
CCParks
3:15 pm Qi Gong Class-BW/ENT
7:00pm Monday Night Musicale-
The Great Ziegfeld (Part 2)- BW/ENT

Tuesday, February 27th

8:30 am Men's Group-BW/ENT
10:30 am Chair Exercise-BWFoyer
1:00 pm Bridge-CCParks
1:00 pm Roman Catholic Mass-BW/ENT
2:00 pm Bible Study-CCPDR
3:30 pm Mike Kornrich-Vocals/Guitar-
BW/ENT
6:00 pm Nazareth College Class-BW/ENT

Wednesday, February 28th

9:30 am Qi Gong Class-CCParks
10:30 am Chair Exercise-BWFoyer
11:00 am Chair Exercise-CCParks
1:00 pm Life Fitness-CCParks
1:00 pm Kings Corner-BWActRm
1:15 pm Meadowlarks Practice-BW/ENT
2:00 pm Crafty Ladies-CCClub
3:00 pm Pet Talks with Elisabeth-CCParks
5:00 pm Brickstone Bus dinner trip to
Briarwood Dining Room
7:00 pm Rosary Prayer Group-CCPDR

Café Social Hour



***Every Wednesday from 3:00 pm-4:00 pm.
Discounted coffee, Danish and cookies!***

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***Please wear your Pers button and name badge  
at all times! Hang your name badge on your  
door handle so that you can see it on your  
way out. If in need of a replacement, please  
call Katie Caligiuri 241-0387***

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***In the event of an emergency, please stay in
your apartment unless directed to do
otherwise. If you are not in your apartment,
go to the closest emergency gathering area:
BW/ENT, CCParks or HW Activity Room.
For more information about emergencies only,
please call 242-7097.***

Details and Useful Information

Monday Feb. 26th, 11:00 am

*DVD Learning Series–BW/ENT:
The World's Greatest Geological Wonders*

*Bay of Fundy–Cycle of Tides and Hawaii
Volcanic Island of Beauty.*

Have you seen a reversing waterfall?

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*Want to volunteer?*

*Call Jean Loomis, 242-7013.*

*Need pictures hung or a shelf installed?*

*Call Ann Lynah, 242-7003*

*Have an idea for an activity or outing?*

*Call Karen Bovee, 242-7010.*

*Have any spiritual needs or ideas for  
spiritual programming?*

*Call Chaplain Bradley Klug, 242-7081*



*Please do not walk in the road. Use the  
sidewalks. Visibility for drivers along  
Johnsarbor Drive is sometimes impaired and  
they may also be going too fast. If you are  
concerned about sidewalk trip hazards,  
please call Building Services.*

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HELP US WELCOME OUR NEW MOVE-INS

St. John's Meadows:

Kathy Mc Cusker – Cot 47

Tom & Anne Collins – BW 139

Jane Henne – BW 130

Beneta Silberstern – CC 1162

Connez Todd – Cot 27

*Customer Service Coordinator ,
Katie Caligiuri helps guide all residents
during their move-in process. If you have
questions such as how to operate your
appliances or Personal Emergency Response
System (PERS), or need any other
information, please call 241-0387.*

Be in the know...watch Activity Channel. Listen to the Activity Hot Line, 242-7000.