

Sunday, April 1st

11:00 am – 2:00 pm Easter Brunch–BW/DNR

*RSVP Suggested

10:45 am Fellowship of Faith–CCParks

2:00 pm Catholic Communion–BW/ENT

Monday, April 2nd

9:30 am Coffee w/Paul–CCParks

10:30 am Chair Exercise–BWFoyer

*10:30 am Readings & Reflections w/ Rev. Sarah–CCClub

11:00 am Chair Exercise–CCParks

*11:00 am DVD Learning Series– The Secret Life of Words– BW/ENT

1:00 pm & 2:00 pm Life Fitness Class–BW/ENT

2:00 pm Mike Kornrich–Vocals/Guitar–CCParks

3:15 pm Qi Gong–BW/ENT

7:00 pm Monday Night Musicale–BW/ENT

Something in the Wind (Subtitles)

Tuesday, April 3rd

8:30 am Men's Group–BW/ENT

10:30 am Chair Exercise–BWFoyer

1:00 pm Bridge–CCParks

1:00 pm Food Forum–BW/ENT

2:00 pm Bible Study–CCPDR

2:00 pm Crafts with Sandra–BWAActRm

3:30 pm Dick Leschhorn–1 Man Band–BW/ENT

6:30 pm Removing Fences Around God–BWAActRm

6:30 pm Nazareth Class–BW/ENT

Wednesday, April 4th

9:30 am Qi Gong–CCParks

10:30 am Chair Exercise–BWFoyer

11:00 am Chair Exercise–CCParks

1:00 pm Kings Corner–BWAActRm

1:00 pm Life Fitness–CCParks

2:00 pm Crafty Ladies–CCClub

*3:00 pm BW Cocktail Party–Instrumental Background–BW/ENT

7:00 pm Rosary Prayer Group–CCPDR

Thursday, April 5th

10:30 am Chair Exercise–BWFoyer

1:00 pm Euchre–CCClub

1:30 pm Bingo–BWAActRm

4:30 pm Golf Masters Theme Dinner–BWDNR
** RSVP Suggested*

4:30 pm Episcopal Worship– BWAActRm

6:15 pm Coffeehouse Discussion Series–CCParks

7:00 pm Google Rochester–BW/ENT

Friday, April 6th

9:00 am Qi Gong–CCParks

10:30 am Chair Exercise–BWFoyer

11:00 am Chair Exercise–CCParks

1:30 pm Coloring, Coffee & Conversation–CCClub

1:30 pm Board & Card Games–BWAActRm

*2:00 pm Discovery Series–Grip Clinic–CCParks

6:30 pm Hand & Foot –CCClub

Saturday, April 7th

10:30 am Laura Dubin–Jazz Pianist/Drums–BW/ENT

1:00 pm Eye Glass Repair Clinic–CCPDR

1:00 pm Bridge–BWAActRm

1:30 pm Bingo–CCParks

7:00 pm Mexican Train Dominoes–CCParks

Sunday on the back....

****More details and information are on the back of each page***



Details and Useful Information

Sunday, April 8th

10:30 am DVD Chair Exercise-BW/ENT
10:45 am Fellowship of Faith-CCParks
2:00 pm Catholic Communion-BW/ENT
2:00 pm Coloring & Conversation-BWActRm
4:00 pm Irish Film Festival Dinner & Movie
BW/ENT ****Reservation Only****
RSVP Joanne Weinstein at 242-7030

Monday, April 2nd

11:00 am DVD Learning Series- BW/ENT
The Secret Life of Words

**#\$@% Forbidden Words and Couldn't or
Could Care Less.**

**What is the most explosive word in the
English language?**

Monday, April 2nd

7:00 pm Monday Night Musicale-BW/ENT
Something in the Wind-1947
94 mins (Subtitles)

Starring: Deanna Durban and Donald O'Connor
Romantic musical comedy about a disc jockey
who is kidnapped by a man who mistakenly
thinks she is the mistress of his wealthy uncle.

Friday, April 6th

2:00 pm Discovery Series -CCParks
Grip Clinic

**Participate in a clinic to test for functional
grip strength, how to improve it and adaptive
equipment to make daily tasks easier.**

Irish Film Fest ~ Dinner and a Movie

4:00pm dinner in BWDR followed by an Irish
themed movie in the BW Ed Nier Theater.

Reservations are required as there are a limited
number of seats. ****Reservations possible for
movie only when seats available****

If you would like to attend please call
Joanne Weinstein 242-7030

CAFE ICE CREAM SOCIAL HOUR

EVERY FRIDAY FROM 2-3 PM

\$.75 SUNDAES



\$1.00 FLOATS

Residents and their family members can easily
view all of the wonderful events happening at
the Meadows from their computers.

Go to: [http://www.st-johns-meadows.org/
independent-living](http://www.st-johns-meadows.org/independent-living) under Calendar of All
Activities. You can view Activities Slideshow
at www.touchtown.us/home/of/stjohns

Please call Building Services with any issues
getting the Activities Slideshow on your
television since the channel has changed.

In-house Information Channel is 1390

In-house Camera channel is 1389

Monday, April 9th

9:30 am Coffee w/Paul-CCParks
10:30 am Chair Exercise-BWFoyer
*10:30 am Readings & Reflections w/
Rev. Sarah-CCClub
11:00 am Chair Exercise-CCParks
*11:00 am DVD Learning Series-
The Secret Life of Words- BW/ENT
1:00 pm & 2:00 pm Life Fitness Class-BW/ENT
2:00 pm 10th Ward Boys-Folk/Popular-
CCParks
3:15 pm Qi Gong-BW/ENT
*7:00 pm Monday Night Musicale-BW/ENT
Broadway Musicals: A Jewish Legacy

Tuesday, April 10th

8:30 am Men's Group-BW/ENT
10:00 am Blood Pressure Clinic-BWActRm
10:30 am Chair Exercise-BWFoyer
1:00 pm Bridge-CCParks
1:30 pm Peripheral Neuropathy Support
Group Mtg-CCClub
2:00 pm Bible Study-CCPDR
2:00 pm Crafts with Sandra-BWActRm
3:30 pm Steve Petrovich-Vocals/Guitar-
BW/ENT
6:30 pm Nazareth Class-BW/ENT
6:30 pm Removing Fences Around God-
CCParks
6:30 pm Rochester Computer Society-
BWActRm

Wednesday, April 11th

9:30 am Qi Gong-CCParks
*11:30am Wow Wednesday- Brown Bag
Lunch at Hochstein *RSVP Travawn 242-7012
10:30 am Chair Exercise-BWFoyer
11:00 am Chair Exercise-CCParks

1:00 pm Spiritual Life Committee Mtg-CCPDR
1:00 pm Kings Corner-BWActRm
1:15 pm Meadowlarks Practice-BW/ENT
2:00 pm Crafty Ladies-CCClub
3:00 pm CC & Cottages Cocktail Party-
Instrumental Background-CCParks
7:00 pm Genesee G Gauge Railroad Mtg-BW/ENT
7:00 pm Rosary Prayer Group-CCPDR

Thursday, April 12th

10:30 am Chair Exercise-BWFoyer
*10:30 am Join students from Naz college as
they present an activity for your enjoyment-
BWActRm
11:30 am -1:30 pm Café Cookout-CCParks
1:00 pm Euchre-CCClub
1:30 pm Oasis Current Events-CCParks
1:30 pm Bingo-BWActRm
2:00 pm Lutheran Service-BW/ENT
3:30 pm Art for the Young at Heart-BWActRm
6:15pm Coffeehouse Discussion Series-CCParks
7:00 pm Movie Night- BW/ENT, See MAC
channel for movie title and info

Friday, April 13th

*9:00 am Women's Breakfast-BWDNR
\$5 at the door. Doors Open at 8:30 am -
Please RSVP at 760-7352
Guest Speakers: Sandy & Jack Maniloff
9:00 am Qi Gong-CCParks
10:30 am Chair Exercise-BWFoyer
10:30 am Art Gallery Committee Mtg-BWActRm
11:00 am Chair Exercise-CCParks
1:00 pm Ecumenical Worship -CCParks
1:30 pm Board & Card Games-BWActRm
6:30 pm Hand & Foot -CCClub
7:00 pm Jewish Sabbath Prayers-CCParks
Saturday & Sunday on back...

Details and Useful Information

Saturday, April 14th

10:30 am –Skylark–Acapella–BW/ENT
1:00 pm Bridge–BWActRm
1:30 pm Bingo–CCParks
7:00 pm Mexican Train Dominoes–CCParks

Sunday, April 15th

10:30 am DVD Chair Exercise–BW/ENT
10:45 am Fellowship of Faith–CCParks
2:00 pm Catholic Communion–BW/ENT
2:30 pm Coloring with Marsha–BWActRm
*7:00 pm Sunday Night Movie–BW/ENT
*****Wonder*****

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***Monday, April 9th***

***11:00 am DVD Learning Series– BW/ENT***  
***The Secret Life of Words***

Musquirt and Other Lexical Gaps and Playing  
Fast and Loose with Words. How many words  
are there for DRUNK?

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Monday, April 9th

7:00 pm Monday Night Musicale–BW/ENT
Broadway Musicals: A Jewish Legacy

2013

84 Mins. (Subtitles)

Originally aired on PBS as part of the "Great Performances" series. Through a combination of interviews and performances this explores the unique role of Jewish composers, lyricists and songwriters in the creation of the modern American musical.

Wow Wednesday

Wednesday, April 11th

Brown Bag Lunch at Hochstein

Depart at 11:30 am

Enjoy Classical Music played by
Mikhail Kopelman, violin; Stefan Reuss, cello;
and Rebecca Penneys, piano

RSVP with Travawn 242-7102

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***Thursday, April 12th***

***Art for the Young at Heart Café Unveiling***  
***2:00 pm– Café***

All are welcome to the unveiling of new  
paintings that will be displayed in the café.

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Friday, April 13th– 9:00 am Women's

Breakfast \$5.00 –BWDNR: Doors open at
8:30 am with Guest Speakers:
Sandy & Jack Maniloff

"Tutoring on the Navajo Reservation"

Sandy and Jack were in the first group that
moved into Brickstone six years ago. Sandy is a
retired pediatric registered nurse, and Jack is a
retired URMIC professor of microbiology. They
have been tutoring on the Navajo Reservation
for the past 15 years.

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***Sunday, April 15th 7:00 pm***

***Sunday Night Movie BW/ENT:***

***Wonder***

Based on the New York Times bestseller,  
WONDER tells the incredibly inspiring and  
heartwarming story of August Pullman, a boy  
with facial differences who enters fifth grade,  
attending a mainstream elementary school for  
the first time.

***BW/ENT–BW Ed Nier Theater***

***BWClub–Briarwood Club Room***

***BWActRm–Briarwood Activity Room***

## ***Monday, April 16th***

9:30 am Coffee w/Paul-CCParks  
10:30 am Chair Exercise-BWFoyer  
**\*10:30 am Readings & Reflections w/  
Rev. Sarah-CCClub**  
11:00 am Chair Exercise-CCParks  
**\*11:00 am DVD Learning Series –  
Celebration of Leonard Bernstein-BW/ENT**  
1:00 pm & 2:00 pm Life Fitness Class-BW/ENT  
2:00 pm Joe Miltsch-Vocals/Keyboard-  
CCParks  
3:15 pm Qi Gong-BW/ENT  
**\*4:45 pm Departure for Dinner outing to  
Grinnell's please RSVP with Karen at  
242-7010**  
**\*7:00 pm Monday Night Musicale –BW/ENT  
The Gay Divorcee (Subtitles)**

## ***Tuesday, April 17th***

8:30 am Men's Group-BW/ENT  
10:30 am Chair Exercise-BWFoyer  
1:00 pm Bridge-CCParks  
2:00 pm Bible Study-CCPDR  
3:30 pm Roz Germano-Piano/Vocals-BW/ENT  
6:30 pm Nazareth Class-BW/ENT  
6:30 pm Removing Fences Around God-  
BWActRm

## ***Wednesday, April 18th***

9:30 am Qi Gong-CCParks  
10:30 am Chair Exercise Today-BWFoyer  
11:00 am Chair Exercise-CCParks  
1:00 pm Kings Corner-BWActRm  
1:00 pm Life Fitness-CCParks  
**\*1:00 pm Lamberton Conservatory \*RSVP  
Karen 242-7010 or Travawn 242-7012**  
1:15 pm Meadowlarks Practice-BW/ENT  
2:00 pm Crafty Ladies-CCClub

2:00 pm Blood Pressure Clinic-CCPDR  
**\*3:00 pm Briarwood Connections w/ Chantel-  
BW/ENT**  
7:00 pm Rosary Prayer Group-CCPDR

## ***Thursday, April 19th***

10:30 am Chair Exercise-BWFoyer  
10:30 am Cottage Book Club-CCClub  
**\*10:30 am Join students from Naz class as they  
present an activity for your enjoyment-BW/ENT**  
1:00 pm Euchre-CCClub  
**\*1:00 pm-3:00 pm Ariel Resource Fair-CCParks**  
1:30 pm Bingo-BWActRm  
**3:00 pm Dancing with Lynn-BW/ENT**  
6:00 pm Depart RPO-tickets on your own,  
transfee \$6-\$8 (242-7014)  
6:15 pm Coffeehouse Discussion Series-CCParks  
7:00 pm Movie Night- BW/ENT, See MAC channel  
for movie title and info

## ***Friday, April 20th***

9:00 am Qi Gong-CCParks  
10:00 am Recreation Group Meeting- CCPDR  
10:30 am Chair Exercise-BWFoyer  
11:00 am Chair Exercise-CCParks  
1:30 pm Coloring, Coffee, Conversation-CCClub  
1:30 pm Board & Card games-BWActRm  
**\*3:00 pm Chestnut Court Connections w/ Chantel  
-CCParks**  
6:30 pm Hand & Foot -CCClub

## ***Saturday, April 21st***

10:30 am Alfred St. John-Steel Drum-BW/ENT  
1:00 pm Bridge-BWActRm  
1:30 pm Bingo-CCParks  
7:00 pm Mexican Train Dominoes-CCParks

Sunday on back.....

***Please make every effort to be on time for all programs & activities.***

## Details and Useful Information

### **Sunday, April 22nd**

10:30 am DVD Chair Exercise– BW/ENT  
10:45 am Fellowship of Faith Worship–CCParks  
2:00 pm Catholic Communion–BW/ENT  
2:00 pm Coloring & Conversation–BWActRm  
\*7:00 pm Sunday Night Movie–BW/ENT  
**\*\*Loving\*\***

### *Monday, April 16th*

*7:00 pm Monday Night Musicale–BW/ENT*

### *The Gay Divorcee–1934*

*94 Mins (Subtitles)*

*Starring Fred Astaire & Ginger Rogers*

*After falling in love at first sight a man chases a woman all over England while she tries to finalize her divorce. She thinks that he is somebody her husband hired to spy on her.*

### *Monday, April 16th*

*11:00 am DVD Learning Series–BW/ENT*

### *"Trouble in Tahiti"*

*Don Bogdanski continues the Celebration of Leonard Bernstein–"Trouble in Tahiti" a made for TV opera about life in suburbia in the 1950's.*

### *Monday, April 16th*

*4:45 pm Dinner Outing to Grinnell's  
Enjoy a variety of deliciously made steak,  
chicken, pork, veal and seafood dishes.  
RSVP with Karen at 242-7010*

*Wednesday, April 18th*

*Lamberton Conservatory*

*Depart at 1:00 pm*

*Admission \$2.00*

*RSVP with Karen 242-7010 or*

*Travawn 242-7012*

*Thursday, April 19th*

*1:00 pm– 3:00 pm*

*Ariel Resource Fair–CCParks*

All Meadows and Brickstone Elders are welcome to attend. Come meet with 12 vendors representing different Senior Service agencies in Rochester, as well as to get a better understanding of St. John's Ala Carte services (Department heads will be represented this year). This is an event in which you can come and go at any time, between 1-3pm, at your leisure.

### *Sunday, April 22nd*

*7:00 pm Sunday Night Movie–BW/ENT:*

### *Loving*

Interracial couple Richard and Mildred Loving fell in love and were married in 1958. They grew up in Central Point, a small town in Virginia that was more integrated than surrounding areas in the American South. Yet it was the state of Virginia, where they were making their home and starting a family, that first jailed and then banished them. Richard and Mildred relocated with their children to the inner city of Washington, D.C., but the family ultimately tries to find a way back to Virginia.

**Chestnut Court Gift Shop Hours: Mon, Tues, Thurs, Fri 12–3pm Wed 10am–3pm,**

## ***Monday, April 23rd***

9:30 am Coffee w/Paul-CCParks  
10:30 am Chair Exercise-BWFoyer  
11:00 am Chair Exercise-CCParks  
\*11:00 am DVD Learning Series-The World's  
Greatest Geological Wonders -BW/ENT  
1:00 pm & 2:00 pm Life Fitness Class-BW/ENT  
2:00 pm Two For The Road-Vocals/Guitar-  
CCParks  
3:15 pm Qi Gong-BW/ENT  
\*7:00pm Monday Night Musicale-BW/ENT  
Young People (Subtitles)

## ***Tuesday, April 24th***

8:30 am Men's Group-BW/ENT  
10:30 am Chair Exercise-BWFoyer  
1:00 pm Roman Catholic Mass-BW/ENT  
1:00 pm Bridge-CCParks  
3:30 pm Henry Kearsce-Piano/Sing-A-Long-  
BW/ENT  
6:00 pm Nazareth College Class-BW/ENT  
6:30 pm Removing Fences Around God-  
BWActRm

## ***Wednesday, April 25th***

9:30 am Qi Gong-CCParks  
10:30 am Chair Exercise-BWFoyer  
11:00 am Chair Exercise-CCParks  
12:30 pm Departure for GEVA, tickets on your  
own, transfee \$6-8 242-7014  
1:00 pm Life Fitness Class-CCParks  
1:00 pm Kings Corner-BWActRm  
1:15 pm Meadowlarks Practice-BW/ENT  
2:00 pm Crafty Ladies-CCClub  
\*3:00 pm Animal Adventures-CCPDR  
\*3:45 pm Brickstone Chorale Concert-BW/  
Foyer

7:00 pm Rosary Prayer Group-CCPD

## ***Thursday, April 26th***

10:30 am Chair Exercise-BWFoyer  
1:00 pm Euchre-CCClub  
1:30 pm Bingo-BWActRm  
\*3:00 pm Glorious Music w/ Esther & Paul-  
CCParks  
3:00 pm *Dancing with Lynn*-BW/ENT  
3:30 pm Art for the Young at Heart-BWActRm  
6:15 pm Coffeehouse Discussion Series-CCParks  
7:00 pm Movie Night-BW/ENT-See MAC  
channel for movie title info

## ***Friday, April 27th***

9:00 am Qi Gong-CCParks  
10:30 am Chair Exercise-BWFoyer  
11:00 am Chair Exercise-CCParks  
1:30 pm Board & Card games-BWActRm  
\*2:00 pm Travelogue with Gene Wolfarth-BW/ENT  
\*3:00 pm Cottage Connections w/ Chantel-CCParks  
6:30 pm Hand & Foot-CCClub  
7:00 pm Jewish Sabbath Prayers-CCParks

## ***Saturday, April 28th***

10:30 am Lukus Wells-Vocals/Piano-BW/ENT  
1:00 pm Bridge-BWActRm  
1:30 pm Bingo-CCParks  
\*7:00 pm Mexican Train Dominoes-\*CCClub\*

## ***Sunday, April 29th***

10:30 am DVD Chair Exercise- BW/ENT  
10:45 am Fellowship of Faith-CCParks  
2:00 pm Catholic Communion-BW/ENT  
\*3:00 pm Let's Talk-CCParks  
\*7:00 pm Sunday Night Movie-BW/ENT  
\*\* *A Dog's Purpose* \*\*

## Details and Useful Information

*Monday, April 23rd*

*11:00 am DVD Learning Series–BW/ENT  
The World's Greatest Geological Wonders:  
Yellowstone Geysers and Hot Springs and  
Kawah Ijen, Worlds Most Acid Lake. Should  
the United States prepare for future  
eruptions in Yellowstone?*

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Monday, April 23rd

7:00 pm Monday Night Musicale–BW/ENT

Young People–1940

79 Mins (Subtitles)

*Starring: Shirley Temple, Jack Oakie and
Charlotte Greenwood*

*An aging Vaudeville couple move to a small
town in Vermont so that their young daughter
might have a "normal" life. They aren't
accepted by the townspeople at first but all of
this changes when a terrible storm hits...*

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*Wednesday, April 25th at 3:45 pm*

*Brickstone Chorale Presents:*

*"Fore Their Supper " Concert– BW/Foyer*

*Come and enjoy a variety of serious and  
folk music before supper by our very own  
Brickstone Chorale.*

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Sunday, April 29th

3:00 pm Let's Talk–CCParks

Topic: Show and Share! It might be a special book, an antique lamp, then there's a picture that's been around with a great story or maybe not! " Let's Talk" is beginning to sound a lot like the Antique Road Show !!

Sunday, April 29th

7:00 pm Sunday Night Movie –BW/ENT:

A Dog's Purpose

A devoted dog discovers the meaning of its own existence through the lives of the humans it teaches to laugh and love. Reincarnated as multiple canines over the course of five decades, the lovable pooch develops an unbreakable bond with a kindred spirit named Ethan. As the boy grows older and comes to a crossroad, the dog once again comes back into his life to remind him of his true self.

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**TRANSPORTATION INFO AT YOUR FINGERTIPS**

*Call 242-7014 for transfee, groceries, and  
shuttle to St. John's Home.*

*Grocery Runs*

*Tuesdays- 9a, 9:30a, 10a, 10:30a to Clinton-  
Tops Market*

*Thursdays- 9a and 10:30a to Pittsford Wegmans.  
Please be on time for pickup. Scheduled runs  
do not arrive on time, if the bus has to wait for  
you! Thank you!*

*Transportation can take you on personal errands...  
visiting a friend, going out to lunch. Charges  
apply for BS, Cott and Unbundled Apartments.*

*For medical appointments, complete a request  
form available at CC office or BW desk and return  
to the same place , although we try to  
accommodate same day requests, we recommend  
2 days in advance.*

*Transportation does not provide service on  
weekend or the six holidays recognized by  
St. John's (New Year's, Memorial Day,  
Independence Day, Labor Day, Thanksgiving Day  
or Christmas Day).*

**\*\*\*Minimum of 6 required for outings\*\*\*\***

*Be in the know...watch Activity Channel. Listen to the Activity Hot Line, 242-7000.*



## Monday, April 30th

- 9:30 am Coffee w/Paul-CCParks
- \*10:30 am Readings & Reflections w/  
Rev. Sarah-CCClub
- 10:30 am Chair Exercise-BWFoyer
- 11:00 am Chair Exercise-CCParks
- \*11:00 am DVD Learning Series-The World's  
Greatest Geological Wonders-BW/ENT
- \*11:30 am Red Sun Chinese Cuisine
- Lunch Outing \*RSVP Required Karen 242-7010
- 1:00 pm & 2:00 pm Life Fitness Class-BW/ENT
- 2:00 pm Mike Sidoti-Vocals/Trumpet-CCParks
- \*3:00 pm Caregiver Support Group-BWActRm
- 3:15 pm Qi Gong-BW/ENT
- \*7:00 pm Monday Night Musicale-BW/ENT  
Don Quixote (Kitri's Wedding)

### Monday, April 30th

*11:00 am DVD Learning Series- BW/ENT  
The World's Greatest Geological Wonders  
Iceland, Where Fire meets Ice and Maldives,  
Geological Paradox.  
Would you rather vacation in Iceland or the  
Maldives?*

### Monday, April 30th

*7:00 pm Monday Night Musicale-BW/ENT  
Don Quixote (Kitri's Wedding)- 1983  
A Ballet in three acts  
90 Mins  
Starring: Mikhail Baryshnikov and  
Cynthia Harvey  
The American Ballet Theatre, performing at  
the MET, present Cervantes' story about the  
adventures of the Knight of Rueful  
Countenance.*

## Monday, April 30th

### Caregiver Support Group at 3:00 pm-BWActRm

The Caregiver Support Group resumes again this month! If you are a caregiver of a loved one with Alzheimer's disease, or a form of Dementia, you are invited to join our support group here at the Meadows! Light refreshments are provided and our group focuses on support and education about the disease process. Find support with others sharing your journey! This group meets the last Monday of every month at 3pm in the Briarwood Activity Room.

**Please RSVP to Chantel Foster at 242-7009**

### Upcoming Available Day Trips

*We would like to join DayTours for a couple of their upcoming trips. If we have at least 10 people that want to attend, they will pick up and drop off right here!*

### **\*\*Corning Museum of Glass\*\***

*Wednesday, May 23rd 7:30 am-6:00 pm*

*Cost \$88 Includes : Lunch voucher for Market Café, admission for a self guided tour & live glass blowing demonstration. Hands on sand blasting as you create your own souvenir.*

### **\*\*\*"Grand Hotel" Niagara-On-The-Lake\*\***

*Thursday, June 28th 7:45 am-9:30 pm*

*Cost \$150 Includes: Free time in the village for shopping and lunch "on your own", followed by a matinee performance of the award winning musical at the Festival theatre. Sit down dinner at Queenston Heights Restaurant.*

*Please call Karen at 242-7010 to RSVP and for questions or more details.*

## Details and Useful Information

### *FITNESS ROOM and POOL*

*In Chestnut Court, Open Daily*

*6:30 a.m.-10:30 p.m.*

*Never swim alone. Two adults are always required for anyone to swim. Always have another adult on deck. See your Meadows/Brickstone Directory for class sign-up procedures and contact information. Note class times on Pool Schedule. Please read and sign the pool safety rules form and leave in the pool sign in notebook.*

*\*\*All new users on our fitness machines in the CC Fitness Room must be oriented.\*\**

*Your name will be on the list in the Fitness Room as verification. Thank-you.*

*The fitness room is not staffed. A buddy is highly recommended! An orientation is required for all who use the equipment, including invited guests and family members. Please consult a doctor about your workouts. Certified personal trainer, Valerie Trerise, is on site twice monthly, (1st & 3rd Thursday) from 12:30-1:30 p.m. No need to set up an appointment, Valerie will provide orientations and personal training assistance during these times. Call Karen, 242-7010 with any questions about the pool or fitness room.*

*In the event of an emergency, please stay in your apartment unless directed to do otherwise. If you are not in your apartment, go to the closest emergency gathering area: BW/ENT, CCParks or HW Activity Room.*

*For more information about emergencies only, please call 242-7097.*

### **Want to volunteer?**

**Call Jean Loomis, 242-7013**

*Need pictures hung or a shelf installed?*

*Call Ann Lynah, 242-7003*

*Have an idea for an activity or outing?*

**Call Karen Bovee, 242-7010**

*Have any spiritual needs or ideas for spiritual programming?*

**Call Chaplain Bradley Klug, 242-7081**

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**HELP US WELCOME OUR
NEW MOVE-INS**

St. John's Meadows:

Warren "Bud" Berube - Apt 119 HW

Cindy Giancaterin- 228 BW

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**Spring 2018 Art Gallery Grand Opening**

*May 11, 2018 at 3:00 pm BW Foyer*

*Looking for submissions for the show.*

*Pick up your forms from BW/BS desk or call*

*Travawn at 242-7012 or Karen at 242-7010. All other questions in regards to the show can be addressed to Helen Bellanca at 244-3732*

*\*\*For those submitting pieces to the Spring show please be sure to mark the back of your work with:*

*Artist Name*

*Phone #*

*Address*

*Title of the Piece*

**Be in the know...watch Activity Channel. Listen to the Activity Hot Line, 242-7000.**

**\*\*APRIL SAVE THE DATES\*\***

*Meetings*



*Wednesday, April 11th at 1:00 pm  
Spiritual Life Committee Meeting-CCPDR*

*Friday, April 13th at 10:30 am  
Art Gallery Committee Meeting-BW/ActRm*

*Friday, April 20th at 10:00 am  
Recreation Group Meeting-CCPDR*

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*Friday, April 27th at 2:00 pm*

*Travelogue w/ Gene Wolfarth-BW/ENT*

**The Jewels of Central Europe [June 2002]**

Our tour begins in Prague, the capital of the Czech Republic. We then sail down the Moldau River to the Elbe and north into Germany. Along the way, we stop in Dresden, Meissen, Torgau, Wittenburg, Magdeburg, Tangermünde, and Potsdam, where we visit four palaces. In Berlin, we see the newly reopened Reichstag, the Pergamon Museum, and a large chunk of the Berlin wall. We take an express train to Warsaw and see many sights in the old city. Our trip ends in the ancient city of Krakov, its castle, Polish dragon, and the Wieliczka salt mines.

*Monday, April 30th  
Lunch Outing*

*Red Sun Chinese Cuisine  
11:30 am Departure*

*Enjoy a variety of traditional meat and vegetable Chinese cuisine dishes.*

*RSVP w/ Karen 242-7010*

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Monday, April 30th at 3:00 pm

*Caregiver Support Group-BWActRm
(see details page)*

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*Be in the know...watch Activity Channel. Listen to the Activity Hot Line, 242-7000.*