

Friday, September 1

9:00 a.m. Qi Gong Class-CCParks
10:30 a.m. Chair Exercise-BWFoyer
11:00 a.m. Chair Exercise-CCParks
1:30 p.m. Board-Card Games-BWActRm
1:30p "Conversation Coffee & Coloring"-CCClb
2p Discovery Series-CCParks, Walking Program
2:30 p.m. Wii Bowling-BWClub

Saturday, September 2

10:30a Robin Ingalls, vocals-BWMulti
1:00 p.m. Bridge-BWActRm
1:30 p.m. Bingo-CCParks
2:00 p.m. Canasta-CCClub
2:30 p.m. Wii Bowling/ Newbies-BWClub
6:30 p.m. L-R-C game-CCClub
7:00 p.m. Mexican Train Dominoes-CCParks

Sunday, September 3

10:30 a.m. DVD Chair Exercise-BWMulti
10:45a Fellowship of Faith Worship-CCParks
2:00 p.m. Catholic Communion-BWMulti
7:00 p.m. Sunday Night Movie-BWMulti
" August Rush"

Monday, September 4

Labor Day

No coffee with Paul Today
10:30 a.m. Chair Exercise-BWFoyer
11:00 a.m. Chair Exercise-CCParks
No life fitness
11:00 a.m. DVD Learning series-BWMulti
The Secret life of Words
11:30-1:30 Labor Day Brunch BWDR
3:00 p.m. Board-Card Games-CCClub

No Qi Gong

7:00 p.m. Monday Night Musicale-BWM
"My Sister Eileen" Janet Leigh, Betty Garret,
Jack Lemmon, ST

Tuesday, September 5

8:30a Men's Breakfast-BWM, \$4 at door
1:00 p.m. Bridge-CCParks
1p Dining Services Food Forum-BWMulti
1:30 p.m. Board Games-CCClub
2:00 p.m. Crafts with Saundra-BWActRm
3:30p Entertainment in BW
6:00 p.m. Canasta-CCClub
6:00 pm Nazareth College Class BWMulti

Wednesday, September 6

9:30a Qi Gong Class-CCParks
10:30 a.m. Chair Exercise-BWFoyer
11:00 a.m. Chair Exercise-CCParks
1:00 p.m. Kings Corner Game-BWClub
1:00 p.m. Life Fitness Class-CCParks
2:00 p.m. Crafty Ladies-CCClub
2:30 p.m. Bridge-BWClub
3:00 p.m. Cocktail Party-BWMulti & Foyer
BW/Haw, Susan Moorehouse, harp
7:00 p.m. Rosary Prayer Group-CCPDR
7:00 p.m. Mahjonn-CCClub

Thursday, September 7

11:30-1:30p.m. Cafe Cookout-CCParks
1:00 p.m. Euchre-CCClub
1:30 p.m. Bingo-BWActRm
4:30 p.m. Episcopal Worship-BWClub
7:00 p.m. Google Rochester-BWMulti

September 8-10 on next page.

More details and information are on the back of each page



St John's
Embrace Living

Details and Useful Information

Friday, September 8

NO Qi Gong Class-CCParks
10:30 a.m. Chair Exercise-BWFoyer
9-11a.m. Flu Shots- CCParks
NO Chair Exercise-CCParks
11:15a Ecumenical Worship-BWMulti
1-3 p.m. Flu Shots- BWMulti
1:30 p.m. Board-Card Games-BWActRm
2:30p Wii Bowling-BWClub
4:30-6:30 p Casino Night Themed dinner
BWDR
6-8 p.m. CASINO NIGHT-BSWinter Garden
7:00 p.m. Jewish Sabbath Prayers-CCParks

Saturday, September 9

10:30a.m. Henry Kears, piano-BWMulti
1:00 p.m. Bridge-BWActRm
1:30 p.m. Bingo-CCParks
2:00 p.m. Canasta-CCClub
2:30 p.m. Wii Bowling/ Newbies-BWClub
6:30 p.m. L-R-C game-CCClub
7:00 p.m. Mexican Train Dominoes-CCParks

Sunday, September 10

10:30 a.m. DVD Chair Exercise-BWMulti
10:45a Fellowship of Faith Worship-CCPk
2:00 p.m. Catholic Communion-BWMulti

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***Sunday night movie*** September 3, 7:00 pm-  
BWMulti ***"August Rush"*** There's music in the  
wind and sky. Can you hear it? August Rush  
can, separated from his parents alone in NYC  
searching. The music is everywhere all you  
have to do is listen. PG 113 min

### ***NEW DVD learning Series begins:***

Monday September 4, 11:00 am BWM .  
*The Secret Life of Words: English Words and  
their origins. How words are born and how  
they die and what they tell us about the  
people who use them. Are you a  
flexitarian? Come and Find out. Part 1-  
Winning Words, Banished Words and Part 2-  
The life of a word from birth to death.*

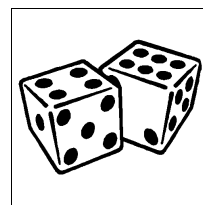
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Monday Night Musicale, September 4 –
BWMulti *"My Sister Eileen"* 1955 107 min

Janet Leigh, Betty Garret, Jack Lemmon
*Two sisters from Ohio move to NYC and
encounter some very eccentric and colorful
characters while seeking fame and fortune.*
ST

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***Friday September 8th– Casino Night!***

*Winter Garden Brickstone 6:30-8:00 pm*  
*Casino Night themed dinner in BW*

*Games-prizes! Come try  
your luck.*



*Transportation to and from  
meadows to Brickstone pro-  
vided.*

# Meadows and Brickstone Monthly

## ***Monday, September 11***

9:30 a.m. Coffee w/Paul-CCParks  
10:30 a.m. Chair Exercise-BWFoyer  
11:00 a.m. Chair Exercise-CCParks  
11:00 a.m. DVD Learning Series-BWMulti  
1:00 p.m. Life Fitness Class-BWMulti  
2:00 p.m. Life Fitness Class-BWMulti  
2p Cyndi Kingsley, tributes, oldies-CCP  
3:00 p.m. Board-Card Games-CCClub  
3:15 p.m. Qi Gong Class-BWMulti  
4:15 p.m. Dinner outing-Giuseppe's  
7:00 p.m. Monday Night Musicale-BWM  
"Broadway Melody of 1940" Fred Astaire,  
Eleanor Powell, George Murphy, ST

## ***Tuesday, September 12***

8:30 a.m. Men's Group-BWMulti  
10:00 a.m. Res. Council Exec.Mtg-CCPDR  
10-11a Blood Pressure Clinic-BWAct  
11:00 a.m. Learning Series-BWClub  
1:00 p.m. Bridge-BWActivity room  
1:00 p.m. Walmart/Marketplace Outing  
1:30p Board Games-CCClub  
1:30 p.m. Alzheimer's Walk kickoff, ice  
cream social-CCParks  
3:30p Entertainment-BWM, Lumenessence  
6:00 p.m. Nazareth College Class-BWMulti  
6:30 p.m. Roch. Computer Society BWAct

## ***Wednesday, September 13***

9:30 a.m. Qi Gong Class-CCParks  
10:30 a.m. Chair Exercise-BWFoyer  
11:00 a.m. Chair Exercise-CCParks  
1p.m. Spiritual Life Committee Mtg-CCPDR  
1:00 p.m. Kings Corner Game-BWClub  
1:15p.m. Meadowlarks Practice-BWMulti

2:00 p.m. Crafty Ladies-CCClub  
3 p Cocktail Party-CC,cottages-CCParks  
Gary Scott, piano  
5-7p Garden Train-HawCourtyard  
7:00 p.m. Rosary Prayer Group-CCPDR  
7:00 p.m. Mahjongg-CCClub  
7:00 p.m. Garden Gauge Club Mtg-BWMulti

## ***Thursday, September 14***

1:00 p.m. Euchre-CCClub  
1:30 p.m. Oasis Current Events-CCParks  
1:30 p.m. Bingo-BWActRm  
2:00 p.m. Lutheran Worship-BWMulti  
3:30 p.m. Art for the Young at Heart-BWAct  
4:30-6:30p Little Italy themed dinner BWDR  
7p Movie Night, see Activity channel for  
title-BWM

## ***Friday, September 15***

9:00 a.m. Qi Gong Class-CCParks  
10:30 a.m. Chair Exercise-BWFoyer  
11:00 a.m. Chair Exercise-CCParks  
11:15a Ecumenical Worship-BWMulti  
1:00 pm Life Fitness-CCParks  
1:30 p.m. Board-Card Games-BWActRm  
2:30p Wii Bowling-BWClub  
3:00p.m. Tech Fair-CCParks  
3:00p History's Turning Points (DVD)-CCClub  
7:00 p.m. Jewish Sabbath Prayers-CCParks

## ***Saturday, September 16***

10:30a entertainment-BWMulti  
1:00 p.m. Bridge-BWActRm  
1:30 p.m. Bingo-CCParks  
2:00 p.m. Canasta-CCClub  
2:00 p.m. Movie and Discussion with Chad  
2:30 p.m. Wii Bowling/ Newbies-BWClub  
6:30 p.m. L-R-C game-CCClub  
7:00 p.m. Mexican Train Dominoes-CCParks

Visit us on line at <http://stjohnsliving.org>

## Details and Useful Information

### *Sunday, September 17*

10:30 a.m. DVD Chair Exercise-BWMulti  
10:45a Fellowship of Faith Worship-CCPk  
2:00 p.m. Catholic Communion-BWMulti

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Monday Sept. 11th dinner outing Giuseppe's
Giuseppe's is an Italian restaurant located in
Gates, NY. They offer a wide variety of
bread and Italian food .. Giuseppe's is a
family-owned restaurant offering excellent
food and value. They pride themselves with
homemade bread, sauce and other Italian
delicacies. Trans fee \$6-8 RSVP 242-7010
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**Monday Sept. 11 BWM ,11:00 am**  
**DVD Learning Series Part 3– The Human**  
**hands Behind Dictionaries and Part 4**  
**Treasure Houses, Thefts and Traps. Did you**  
**know the biggest contributor to Oxford Eng-**  
**lish dictionary was an American in a British**  
**insane asylum?**

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Monday Sept 11–Monday Night Musicale
"Melody of 1940"

Fred Astaire, Eleanor Powell, George Murphy
A Broadway team breaks up when both men
fall for the same girl. 103 min *ST*

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### *Friday Sept. 15 Tech Fair-CCParks*

*Review of Pharmadva Medacube, Direct Link*  
*Medication Dispenser Presentation & Touch*  
*Stream Tablet (for calendar and medication*  
*reminders)*

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All new users on our fitness machines in
the CC Fitness Rm must be oriented. Your
name will be on the list in the Fitness
Room as verification. Thank-you.

FITNESS ROOM and POOL
In Chestnut Court, open daily
6:30 a.m.–10:30 p.m.
We will have a POOL BUDDY
from 2–3:00p every Friday.

Never swim alone. Two adults are always
required for anyone to swim. Always have
another adult on deck.

See your Meadows/Brickstone Directory for
class signup procedures and contact info.
Note class times on Pool Schedule. Please
read and sign the pool safety rules form
and leave in the pool sign in notebook.
The fitness room is not staffed. A buddy is
highly recommended! An orientation is
required for all who use the equipment,
including invited guests and family
members. Please consult a doctor about
your workouts. Certified personal trainer,
Valerie Trerise, is on site twice monthly,
12:30–1:30 p.m. No need to set an
appointment, Valerie will provide
orientations and personal training
assistance during these times. Call Karen,
242–7010 with any questions about the
pool or fitness room.

BWM/BWMulti–Briarwood Multipurpose Room BWAct–Briarwood Activity Room
BWClub–Briarwood Club Room

Meadows and Brickstone Monthly

September
18-24

Monday, September 18

9:30 a.m. Coffee w/Paul-CCParks
10:30 a.m. Chair Exercise-BWFoyer
11:00 a.m. Chair Exercise-CCParks
11:00 p.m. DVD Learning Series –BWM
1:00 p.m. Life Fitness Class-BWMulti
2:00 p.m. Life Fitness Class-BWMulti
2p.m. Paul Killion, singer, guitar-CCParks
3:00 p.m. Board-Card Games-CCClub
3:00pCompassionate Connections-BWAct
3:15 p.m. Qi Gong Class-BWMulti
7:00 p.m. Monday Night Musicale-BWM
"Can't Help Singing" Deanna Durban and
Robert Paige ST

Tuesday, September 19

8:30 a.m. Men's Group-BWMulti
10:00 a.m. Res. Council Mtg.-BWActRm.
1:00 p.m. Bridge-CCParks
2:00 p.m. Crafts with Sandra-BWActRm
3:30 p.m. Allen Hopkins, folk musiciain-
BWMulti
6:00 p Nazareth College class- BWMulti

Wednesday, September 20

9:30 a.m. Qi Gong Class-CCParks
10:30 a.m. Chair Exercise-BWFoyer
11:00 a.m. Chair Exercise-CCParks
11:00 a.m. Bookworms Book Club CCClub
1:00 p.m. Kings Corner Game-BWClub
1:00 p.m. CC Life Fitness Class-CCParks
1:15 p.m. Meadowlarks Practice-BWMulti
2:00 p.m. Crafty Ladies-CCClub
2:00 p.m. Blood Pressure Clinic-CCPDR
3:30 p Chat with Transportation CCParks
7:00 p.m. Mahjonn-CCClub

7:00 p.m. Rosary Prayer Group-CCPDR

Thursday, September 21

12:30-1:30p Fitness Orientations-CCFitRm
1:00 p.m. Euchre-CCClub
1:30 p.m. Bingo-BWActRm
3p HCR Presentation: Telehealth-BWMulti
6:30 p.m. Coffee House Discussion CCParks
7p Movie Night, see Act channel for title-
BWM

Friday, September 22

9:00 a.m. Qi Gong Class-CCParks
10:30 a.m. Chair Exercise-BWFoyer
11:00 a.m. Chair Exercise-CCParks
1:00 p.m. Life Fitness Class-CCParks
1:30 p.m. Board-Card Games-BWActRm
1:30p "Conversation Coffee & Coloring"-CCClub
2:30 p.m. Wii Bowling-BWClub

Saturday, September 23

10:30 a.m. entertainment-BWMulti
1:00 p.m. Bridge-BWActRm
1:30 p.m. Bingo-CCParks
2:00 p.m. Canasta-CCClub
2:30 p.m. Wii Bowling/ Newbies-BWClub
6:30 p.m. L-R-C game-CCClub
7:00 p.m. Mexican Train Dominoes-CCParks

Sunday, September 24

10:30 a.m. DVD Chair Exercise-BWMulti
10:45a Fellowship of Faith Worship-CCPks
2:00 p.m. Catholic Communion-BWMulti
7:00 p.m. Sunday Night Movie-BWMulti
" The Boy in the Striped Pajamas"

Please make every effort to be on time for all programs & activities.

Details and Useful Information

Monday Sept. 18, 11:00 am DVD Learning Series-BWMulti, Part 5- Yarn and Clues, New word meanings and Part 6- Smog, Mob, and Bling, New Words-What new word did Seinfeld create?

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*Monday Sept. 18, 7:00 pm Monday Night Musicale- BWMulti , "Can't Help Singing" Deanna Durban and Robert Paige, ST  
A senator's daughter has the adventure of a lifetime when she follows her boyfriend west during the California gold rush. 1944 90 min*

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*Monday Sept 18, 3:00 pm Compassionate Connections Group , New group to help elders connect with and support each other around aging and growing together, Led by Sabrian Vogler LMSW , sign up with Chantel Foster 242-7009, limited number of participants. Three month group
9/18,10/16,11/13*

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*All medical sharps must be disposed of in the proper containers, available at the BW Front Desk. Pharmaceutical Drop Off organized by Brighton Police Dep. will be here to collect all old medicines, sharps, diabetes strips, unwanted medical supplies on Thursday, 9/21-BW Club Room.*

## TRANSPORTATION INFO AT YOUR FINGERTIPS

*Call 242-7014 for transfee, groceries, and shuttle to St. John's Home.*

### Grocery Runs

*Tuesdays- 9a, 9:30a, 10a, 10:30a to Clinton-Tops Market*

*Note: The shuttle to the East Ave Wegmans on the first Wednesday of the month has been suspended.*

*Thursdays- 9a and 10:30a to Pittsford Wegmans. Please be on time for pickup. Scheduled runs do not arrive on time, if the bus has to wait for you! Thank you!*

*Transportation can take you on personal errands...visiting a friend, going out to lunch.*

*Charges apply for BS, CC and Cott., in some cases BW*

*\*\*\*Please note: Effective July 1st, Transportation staff will no longer accept cash or check payments for service. All fees will be charged to your monthly rent bill.*

*For medical appointments, complete a request form available at CC office or BW desk and return to the same place , although we try to accommodate same day requests, we recommend 2 days in advance.*

*Transportation does not provide service on weekend or the six holidays recognized by St. John's (New Year's, Memorial Day, Independence Day, Labor Day, Thanksgiving Day or Christmas Day).*

*Minimum of 6 required for outings.*

*Chestnut Court Gift Shop Hours: Mon, Tues, Thurs, Fri 12-3pm Wed 10am-3pm, Sat 12-2pm Stamps available for purchase here and at the Briarwood front desk*

## ***Monday, September 25***

9:30 a.m. Coffee w/Paul-CCParks  
10:30 a.m. Chair Exercise-BWFoyer  
11:00 a.m. Chair Exercise-CCParks  
11:00 a.m. DVD Learning Series-BWMulti  
Often Verses "Offen"  
1:00 p.m. Life Fitness Class-BWMulti  
2:00 p.m. Life Fitness Class-BWMulti  
2:00 p.m. Nightfall, acoustic oldies and recent greats-CCParks  
3:00 p.m. Board-Card Games-CCClub  
3:15p Qi Gong Class-BWMulti  
7:00p.m. Monday Night Musicale-BWMulti  
"Deep in My Heart" ST

## ***Tuesday, September 26***

8:30 a.m. Men's Group-BWMulti  
1:00 p.m. Roman Catholic Mass-BWMulti  
1:00 p.m. Bridge-CCParks  
3:30 p.m. Fred Vine, guitar -BWMulti  
6:00 p.m. Nazareth College class-BWMulti

## ***Wednesday, September 27***

9:30 a.m. Qi Gong Class-CCParks  
10:30 a.m. Chair Exercise-BWFoyer  
11:00 a.m. Chair Exercise-CCParks  
1:00 p.m. Life Fitness Class-CCParks  
1:00 p.m. Kings Corner Game-BWClub  
1:15 p.m. Meadowlarks Practice-BWMulti  
2:00 p.m. Crafty Ladies-CCClub  
3:00 p.m. Pet Talk with Elisabeth CCParks  
7:00 p.m. Rosary Prayer Group-CCPDR

## ***Thursday, September 28***

12:30-2:00 pm Alzheimer's walk pizza party  
CCParks  
1:00 p.m. Euchre-CCClub  
1:30 p.m. Bingo-BWActRm  
3p. Glorious Music with Esther & Paul CCParks  
3:30 p.m. Art for the Young at Heart-BWAct  
6:30 p.m. Coffee House Discussion CCParks  
7p Movie Night, see Act Channel for title-  
BWM

## ***Friday, September 29***

9:00 a.m. Qi Gong Class-CCParks  
10:30 a.m. Chair Exercise-BWFoyer  
11:00 a.m. Chair Exercise-CCParks  
1:30 p.m. Board-Card Games-BWActRm  
2:00 p.m. URM My Chart and Lucy overview-  
CCParks  
2:30 p.m. Wii Bowling-BWClub  
3:00p History's Turning Points (DVD)-CCClub  
7:00 p.m. Jewish Sabbath Prayers-CCParks

## ***Saturday, September 30***

10:30a. entertainment-BWM  
1:00 p.m. Bridge-BWActRm  
1:30 p.m. Bingo-CCParks  
2:30 p.m. Wii Bowling/ Newbies-BWClub  
7:00 p.m. Mexican Train Dominoes-CCParks

## Details and Useful Information

*Monday Sept. 25 11:00 AM ,DVD Learning Series- BWMulti , Part 7-Often verses "Offen"- Pronunciation and Part 8- Fighting Over Zippers. How do trademark names like Xerox become common words?*

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*Monday Sept. 25 7:00 pm BWMulti
Monday Night Musicale*

"Deep in My Heart"

*The life of Broadway composer
Sigmond Romberg with performances by Ann
Miller, Gene and Fred Kelly, Jane Powell, Cyd
Charisse, Rosemary Clooney and many more .
1954 2hrs 12min ST*

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*Thursday Sept. 28 3:00 pm CCParks  
Glorious Music with Esther and Paul  
Romantic Dreams of Exquisite Beauty with  
violinist, Joscha Heifetz*

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Pool Parking Lot Policy

Please do not park in the pool parking lot during the following times:

Wed, Fri....8:30a-12p

Tues...5:30-8p

Sat....9-11a

Brighton classes need the spaces. Thx.

*Please tell friends, family, visitors **NOT** to park in spaces labeled "Resident Parking".*

*Thursday Sept. 28 12:30-2:00 pm
Alzheimer's Walk Pizza party-CCParks,
two pieces pizza and soda \$4.00*

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*Want to volunteer?*

*Call Jean Loomis, 242-7013.*

*Need pictures hung or a shelf installed?*

*Call Ann Lynah, 242-7003*

*Have an idea for an activity or outing?*

*Call Karen Bovee, 242-7010.*

*Have any spiritual needs or ideas for  
spiritual programming?*

*Call Chaplain Bradley Klug, 242-7081*

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HELP US WELCOME OUR NEW MOVE-INS

St. John's Meadows:

Gertie Wiegert BW143

Richard Fitts & Nancy Warren-Oliver BW258

Al & Muriel Herpich CC2258

Roger Perry HW114

John & Nancy Sinacore CC1128

Customer Service Specialist ,

*Katie Caligiuri helps guide all residents during their move-in process. If you have questions such as how to operate your appliances or **Personal Emergency Response System (PERS)**, or need any other information, please call 241-0387.*

Be in the know...watch Activity Channel. Listen to the Activity Hot Line, 242-7000.

Fall 2017 Coffeehouse Discussion Series

Coffeehouse is a resident inspired open discussion lecture series. The objective is to focus on topics that satisfy inquiring minds as a fun and engaging experience. Coffeehouse provides premium coffee and refreshments along in a relaxed environment where everyone is encouraged to participate.

Open for Coffee and Sweets approx. 6:15 p.m, Presentation begins at 6:40 p.m.

St. John's Meadows, Chestnut Court Parks Room.

NO RSVP Needed, FREE

Thursday, September 21st "The Image of Lincoln in American Art"

Grant Holcomb, Retired Executive Director of the Memorial Art Gallery, discusses the images and impact of Abraham Lincoln in our American Art. Join us as Mr. Holcomb provides a power point program and follows up with questions and answers regarding Lincoln along with his own career at the Gallery.

Thursday, September 28th "Coping with Challenges"

Kathleen Weider, SSJ Scattered among the joys and adventures life presents us with many different challenges. The aging process brings more changes, often not what we would choose such as illness including physical limitations and pain ; not being able to do things we previously enjoyed. Our ATTITUDE is absolutely the key to our quality of life. Discover some new perspectives that can lead to greater joy and peace each day.

Thursday, October 12th "A Honey Tasting : How Sweet it is!"

Joanne Crosman is a beekeeper from Caledonia who has been practicing her craft for over 25 years. Her interest started as a marketing study in agricultural commodities, namely the honey bee family and gained insight into what the farmers and growers face during the production year. She will take us on a tasting tour of both domestic and foreign honey types from around the world. No passport needed.

Thursday, October 19th "200 Years of the Erie Canal "

Thomas Grasso, President Emeritus of the Canal Society of New York State and retired chair of the Geology Dept. at Monroe Community College for 30 years, will discuss the history of the Erie Canal and its enormous success in both the past and present. It promises to have an even more robust potential for the future as many new projects are coming to fruition.

Thursday, October 26th "Sherlock Holmes 100 Years Later"

Lewis Neisner, retired college professor and founder of Rochester ROW, a sherlockian society, will discuss the image and fame of the legendary Sherlock Holmes. Sherlock Holmes, Dr. Watson and their creator Sir Arthur Conan Doyle will be the focus topic. Over 100 years of popularity and still going strong!

Thursday, November 2nd " Howard Hanson: The Man, The Myth, The Legacy"

A portrait of the man who led the Eastman School of Music for Forty Years. Vincent Lenti, Prof. of Music and Eastman School of Music Historian, will lead a discussion of Dr. Hanson's early training and his rise to great prominence and influence in the world of music. However, rumors and allegations did lurk in his background. His forty years of service at the Eastman School of Music brought him great fame; yet he is barely remembered today.

We are grateful to the Coffeehouse Committee for their time, creative ideas and presenter coordination: Eleanor Volpe, David Day, Nancy Burns, Deanna Krusenstjerna and Marty Keller. Staff Liaisons: Karen Bovee and Terry Neilon.