

Sunday, October 1

10:30 am DVD Chair Exercise-BW/ENT
10:45 am Fellowship of Faith Worship-CCPk
2:00 pm Catholic Communion-BW/ENT
6:00 pm Irish Film Festival dinner & movie
BW/ENT *by reservation only*

Monday, October 2

9:30 am Coffee with Paul CCParks
10:30 am Chair Exercise-BWFoyer
11:00 am Chair Exercise-CCParks
11:00 am DVD Learning series-BW/ENT
1:00 pm Depart for Canal Trip-those signed up
1:00 pm Life Fitness class-BW/ENT
2:00 pm Life Fitness class-BW/ENT
2:00 pm John Williams, piano-CCParks
3:00 pm Board-Card Games-CCClub
3:15 pm Qi Gong-BW/ENT
7:00 pm Monday Night Musicale-BW/ENT
"Baby Take A Bow" Shirley Temple ST

Tuesday, October 3

8:30 am Men's Breakfast-BW/ENT \$4 at door
9:00 am Life Bio-CCParks
1:00 pm Bridge-CCParks
1:00 pm Dining Services Food Forum-BW/ENT
1:30 pm Board Games-CCClub
2:00 pm Bible Study-CCPDR
2:00 pm Crafts with Sandra-BWActRm
3:30 pm Mike Kornrich-BW/ENT
6:00 pm Nazareth College Class BW/ENT

Wednesday, October 4

9:30am Qi Gong Class-CCParks
10:30 am Chair Exercise-BWFoyer
11:00 am Chair Exercise-CCParks

1:00 pm Kings Corner & Marian's Bridge-
BWActRm
1:00 pm Life Fitness Class-CCParks
1:00 pm Depart for Geva
1:15 pm Meadowlarks Practice- BW/ENT
2:00 pm Crafty Ladies-CCClub
7:00 pm Rosary Prayer Group-CCPDR

Thursday, October 5

12:30-1:30 pm Fitness Orientation-CCFitRm
1:00 pm Euchre-CCClub
1:30 pm Bingo-BWActRm
4:30 pm Episcopal Worship-BWActRm
4:30-6:00 pm Cafe Enhanced Dinner Buffet-
CCParks & Cafe
6:00 pm Depart for RPO
7:00 pm Google Rochester-BW/ENT

Friday, October 6

9:00 am Qi Gong Class-CCParks
10:30 am Chair Exercise-BWFoyer
11:00 am Chair Exercise-CCParks
1:30 pm Board-Card Games-BWActRm
1-3pm Coloring,coffee,conversation-CCClub
2:00 pm Discovery Series-CCParks,
3:30-4:30pm Briarwood Bar Grand Opening Happy
Hour with Drinks and Appetizers
6:30 pm Hand & Foot-CCClub

Saturday, October 7

9:00 am Bible Study with Pastor Deb- CCClub
10:30a entertainment-BW/ENT
1:00 pm Bridge-BWActRm
1:30 pm Bingo-CCParks
2:00 pm Canasta-CCClub
2:30 pm Wii Bowling/ Newbies-BWENT
7:00 pm Mexican Train Dominoes-CCParks

More details and information are on the back of each page

Details and Useful Information

Sunday, October 8

10:30 am DVD Chair Exercise–BW/ENT

10:45 am Fellowship of Faith Worship–CCPk

2:00 pm Catholic Communion–BW/ENT

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***Please note the Briarwood multipurpose room is now known as the Briarwood Ed Nier Theater. The monthly will show it as BW/ENT.***

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Irish Film Fest ~ Dinner and a Movie

4:00pm dinner in BWDR followed by an Irish themed movie in the BW Ed Nier Theater.

Reservations are required as there are a limited number of seats. If you would like to attend please call Joanne Weinsten 242-7030.

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***Geva*** 10/4 tickets on your own, transfee \$6-\$8 depart at 1:00 pm

***RPO*** 10/5 “Ravel’s Bolero” tickets on your own, transfee \$6-\$8, depart at 6:00 pm

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*CCP/CCParks–Chestnut Court Multipurpose Room CCClub–Chestnut Court Club Room
CCPDR–Chestnut Court Private Dining Room*

DVD learning Series :

Monday October 2, 11:00 am BW/ENT.

The Secret Life of English Words– The influence of the Renaissance and from Chutzpah to Pajamas. Do you know there are over 6,000 languages spoken around the world?

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### ***Monday Night Musicale***

October 2 –BW/ENT “Baby Take a Bow” 1934, 82 minutes, subtitles Shirley Temple and James Dunn. When little Shirley El-lison’s ex-con father is accused of stealing a pearl necklace the youngster springs into action to solve the mystery.

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Join us for the Briarwood Bar Grand Opening. Friday October 6. Happy Hour 3:30-4:30 with drinks and appetizers. Outside the BWDR.



Monday, October 9

9:30 am Coffee w/Paul-CCParks
10:30 am Chair Exercise-BWFoyer
11:00 am Chair Exercise-CCParks
11:00 am DVD Learning Series-BW/ENT
1:00 pm Life Fitness Class-BW/ENT
2:00 pm Life Fitness Class-BW/ENT
2p Nelson Kinlock, guitar-CCP
3:00 pm Board-Card Games-CCClub
3:15 pm Qi Gong Class-BW/ENT
4:15 pm Dinner outing-Charlie Brown's
7:00 pm Monday Night Musicale-BW/ENT
"Greenwich Village" Carmen Miranda,
Don Ameche, William Bendix (ST)

Tuesday, October 10

8:30 am Men's Group-BW/ENT
9:00 am Life-Bio-CCParks
10:00 am Resident Council Exe Mtg-CCPDR
10:00 am Blood Pressure Clinic-BWActRm
1:00 pm Bridge-BWActivity room
1:00 pm Walmart/Marketplace Outing
1:30p Board Games-CCClub
2:00 pm Bible Study-CCPDR
3:30p Entertainment-BW/ENT,
Katrina Ruggiero, violin
6:00 pm Nazareth College Class-BW/ENT
6:30 pm Roch. Computer Society BWAct

Wednesday, October 11

9:30 am Qi Gong Class-CCParks
10-2 Fall Harvest Oktoberfest-BW entrance
10:30 am Chair Exercise-BWFoyer
11:00 am Chair Exercise-CCParks
1:00 pm Life Fitness-CCParks
1pm Spiritual Life Committee Mtg-CCPDR
1p Kings Corner & Marion's Bridge -BWActRm
1:15pm Meadowlarks Practice-BW/ENT

2:00 pm Crafty Ladies-CCClub
4:30-6:30 Oktoberfest theme dinner-BWDR
7:00 pm Rosary Prayer Group-CCPDR
7:00 pm Garden Gauge Club Mtg-BW/ENT

Thursday, October 12

1:00 pm Euchre-CCClub
1:30 pm Oasis Current Events-CCParks
1:30 pm Bingo-BWActRm
2:00 pm Lutheran Worship-BW/ENT
3:30 pm Art for the Young at Heart-BWAct
6:15 pm Coffee house discussion series-
CC Parks
7:00 pm Thursday Night Movie-BW/ENT

Friday, October 13

8:30a Women's Breakfast-BWDR \$5 at door, RSVP
9:00 am Qi Gong Class-CCParks
10:30 am Chair Exercise-BWFoyer
11:00 am Chair Exercise-CCParks
1:00 pm Ecumenical Worship-CCParks
1:30 pm Board-Card Games-BWActRm
2:30p Wii Bowling-BW/ENT
3:00p History's Turning Points (DVD)-CCClub
6:30 pm Hand &Foot- CCClub
7:00 pm Jewish Sabbath Prayers-CCParks
7:30 p Burroughs Audubon Nature Club-
BW/ENT

Saturday, October 14

9:00 am Bible Study with Pastor Deb-CCClub
10:30 am entertainment-BW/ENT
1:00 pm Bridge-BWActRm
1:00 pm Eye glass repair-CCPDR
1:30 pm Bingo-CCParks
2:00 pm Canasta-CCClub
2:30 pm Wii Bowling/ Newbies-BW/ENT
7:00 pm Mexican Train Dominoes-CCParks

Visit us on line at <http://stjohnsliving.org>

Details and Useful Information

Sunday, October 15

10:30 a.m. DVD Chair Exercise-BW/ENT

10:45a Fellowship of Faith Worship-CCPk

2:00 p.m. Catholic Communion-BW/ENT

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***Monday Oct.9th dinner outing Charlie Brown's in Penfield. Serving Hungry Rochestarians since 1967. Comfort and happiness in a casual warm environment.***

***Trans fee \$6-8 RSVP with Karen 242-7010***

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Monday Oct. 9-DVD Learning Series- New The World's Greatest Geological Wonders-Santorini-Impact of Volcanic Eruptions and Mount Fuji, Sleeping Power. Was the Exodus influenced by a geological event? 11:00 am BW/ENT

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***Monday Oct. 9-Monday Night Musicale "Greenwich Village"***

***Carmen Miranda, Don Ameche, and William Bendix A speakeasy owner steals a serious young composer's songs so he can produce a musical. 1944 82 minutes (with subtitles)***

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Friday Oct. 13-Women's Breakfast BWDR ~doors open at 8:30 breakfast at 9:00 \$5 Come and participate in convivium! Karen director of social recreation will be your speaker and available for questions and answers related to recreation ! RSVP to Karen 242-7010

All new users on our fitness machines in the CC Fitness Rm must be oriented. Your name will be on the list in the Fitness Room as verification. Thank-you.

***FITNESS ROOM and POOL
In Chestnut Court, open daily
6:30 a.m.-10:30 p.m.
We will have a POOL BUDDY
from 2-3:00p every Friday.***

Never swim alone. Two adults are always required for anyone to swim. Always have another adult on deck.

See your Meadows/Brickstone Directory for class signup procedures and contact info. Note class times on Pool Schedule. Please read and sign the pool safety rules form and leave in the pool sign in notebook. The fitness room is not staffed. A buddy is highly recommended! An orientation is required for all who use the equipment, including invited guests and family members. Please consult a doctor about your workouts. Certified personal trainer, Valerie Trerise, is on site twice monthly, 12:30-1:30 p.m. No need to set an appointment, Valerie will provide orientations and personal training assistance during these times. Call Karen, 242-7010 with any questions about the pool or fitness room.

Monday, October 16

9:30 am Coffee w/Paul-CCParks
10:30 am Chair Exercise-BWFoyer
11:00 am Chair Exercise-CCParks
11:00 pm DVD Learning Series –BW/ENT
1:00 pm Life Fitness Class-BW/ENT
2:00 pm Life Fitness Class-BW/ENT
2pm Henry Boessl, accordion-CCParks
3:00 pm Board-Card Games-CCClub
3:00pCompassionate Connections-BWAct
3:15 pm Qi Gong Class-BW/ENT
7:00 pm Monday Night Musicale-BW/
ENT "Mao's Last Dancer" Chi Cao,(ST)

Tuesday, October 17

8:30 am Men's Group-BW/ENT
9:00 am Life Bio-CCParks
10:00 am Res. Council Mtg.-BWActRm.
1:00 pm Bridge-CCParks
1:30 Board and card games-CCClub
2:00 pm Bible Study-CCPDR
2:00 pm Crafts with Sandra-BWActRm
6:00 p Nazareth College class- BW/ENT
6:30 pm Illusions with David Orange-
BWActRm
7:00 pm Traveling Cabaret-CCParks

Wednesday, October 18

9:30 am Qi Gong Class-CCParks
10:30 am Chair Exercise-BWFoyer
11:00 am Chair Exercise-CCParks
1:00 pm Kings Corner Game-BWClub
1:00 pm CC Life Fitness Class-CCParks
1:15 pm Meadowlarks Practice-BW/ENT
2:00 pm Crafty Ladies-CCClub
2:00 pm Blood Pressure Clinic-CCPDR

3:00 pm Open Enrollment-CCParks
7:00 pm Mahjongg-CCClub
7:00 pm Rosary Prayer Group-CCPDR

Thursday, October 19

12:30-1:30p Fitness Orientations-CCFitRm
1:00 pm Euchre-CCClub
1:30 pm Bingo-BWActRm
3p HCR Presentation: Telehealth-BW/ENT
6:00 pm Depart RPO
6:30 pm Coffee House Discussion CCParks
7p Movie Night, see Act channel for title-BW/
ENT

Friday, October 20

9:00 am Qi Gong Class-CCParks
10:30 am Chair Exercise-BWFoyer
11:00 am Chair Exercise-CCParks
1:00 pm Life Fitness Class-CCParks
1:30 pm Board-Card Games-BWActRm
1:30p "Conversation Coffee & Coloring"-CCClb
2:30 pm Wii Bowling-BW/ENT
2:30 pm "50 Years of Silence" presented by
Dick Sherwood-CCParks
6:30 pm Hand & Foot-CCClub

Saturday, October 21

9:00 am Bible Study with Pastor Deb-CCClub
10:30 am Sigma Alpha Iota-BW/ENT
1:00 pm Bridge-BWActRm
1:30 pm Bingo-CCParks
2:00 pm Canasta-CCClub
2:30 pm Wii Bowling/ Newbies-BW/ENT
7:00 pm Mexican Train Dominoes-CCParks

Please make every effort to be on time for all programs & activities.

Details and Useful Information

Sunday, October 22

10:30 am DVD Chair Exercise-BW/ENT
10:45a Fellowship of Faith Worship-CCPk
2:00 pm Catholic Communion-BW/ENT
7:00 pm Sunday Night Movie-BW/ENT

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**Monday October 16, 11:00 am**  
*DVD Learning Series-BW/ENT, The World's Greatest Geological Wonders-African Rift Valley, Cracks in the Earth and Erta Shale, Compact Fury of Lava Lakes. Is a new ocean being formed?*

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Monday October 16, 7:00 pm
Monday Night Musicale- BW/ENT , "Mao's Last Dancer" 2009, 117 min. (ST) Chi Cao, Bruce Geenwood, Amanda Schiller The true story of a boy who is taken from his peasant family in rural China to train as a dancer in Beijing. He later defects to the USA as an exchange student.

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**Tuesday October 17, 7:00 pm-CCParks**  
*"Traveling Cabaret"*  
*An evening of Song, Dance & Comedy. Broadway, movie and pop musical revue.*

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.Sunday October 22, 7:00 pm-BW/ENT
Sunday Night Movie, "Ladies in Lavender" Judi Dench, Maggie Smith 104 min (ST)

Thursday Oct 19 , 6:00 pm Depart RPO Seaman Conducts Mozart & Sibelius,tickets on your own, transfee \$6-8.

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**TRANSPORTATION INFO  
AT YOUR FINGERTIPS**

*Call 242-7014 for transfee, groceries, and shuttle to St. John's Home.*

### **Grocery Runs**

*Tuesdays- 9a, 9:30a, 10a, 10:30a to Clinton-Tops Market*

*Thursdays- 9a and 10:30a to Pittsford Wegmans. Please be on time for pickup. Scheduled runs do not arrive on time, if the bus has to wait for you! Thank you!*

*Transportation can take you on personal errands...visiting a friend, going out to lunch. Charges apply for BS, CC and Cott., in some cases BW*

*\*\*\*Please note: Transportation staff will no longer accept cash or check payments for service. All fees will be charged to your monthly rent bill.*

*For medical appointments, complete a request form available at CC office or BW desk and return to the same place , although we try to accommodate same day requests, we recommend 2 days in advance.*

*Transportation does not provide service on weekend or the six holidays recognized by St. John's (New Year's, Memorial Day, Independence Day, Labor Day, Thanksgiving Day or Christmas Day).*

*Minimum of 6 required for outings.*

**Chestnut Court Gift Shop Hours: Mon, Tues, Thurs, Fri 12-3pm Wed 10am-3pm, Sat 12-2pm Stamps available for purchase here and at the Briarwood front desk**

## ***Monday, October 23***

9:30 am Coffee w/Paul-CCParks  
10:30 am Chair Exercise-BWFoyer  
11:00 am Chair Exercise-CCParks  
11:00 am DVD Learning Series-BW/ENT  
1:00 pm Life Fitness Class-BW/ENT  
2:00 pm Life Fitness Class-BW/ENT  
2:00 pm Roz Germano-CCParks  
3:00 pm Board-Card Games-CCClub  
3:15p Qi Gong Class-BW/ENT  
7:00pm Monday Night Musicale-BW/ENT  
"Nancy Goes to Rio" Jane Powell, Ann Sothern (ST)

## ***Tuesday, October 24***

8:30 am Men's Group-BW/ENT  
9:00 am Life Bio-CCParks  
1:00 pm Roman Catholic Mass-BW/ENT  
1:00 pm Bridge-CCParks  
1:30 pm Board & Card Games-CCClub  
2:00 pm Bible Study-CCPDR  
3:30 pm Boris Vodotinsky -BW/ENT  
6:00 pm Nazareth College class-BW/ENT  
6:30 pm Illusions with David Orange-BWActRm

## ***Wednesday, October 25***

9:30 am Qi Gong Class-CCParks  
10:30 am Chair Exercise-BWFoyer  
11:00 am Chair Exercise-CCParks  
1:00 pm Life Fitness Class-CCParks  
1:00 pm Kings Corner & Marians bridge -BW/ENT  
1:15 pm Meadowlarks Practice-BW/ENT  
2:00 pm Crafty Ladies-CCClub  
3:00 pm Pet Talk with Elisabeth CCParks  
5:00 pm Brickstone's bus trip to BWDR  
7:00 pm Rosary Prayer Group-CCPDR

## ***Thursday, October 26***

1:00 pm Euchre-CCClub  
1:30 pm Bingo-BWActRm  
3p. Glorious Music with Esther & Paul CCParks  
3:30 pm Art for the Young at Heart-BWAct  
6:30 pm Coffee House Discussion CCParks  
7p Movie Night-BW/ENT

## ***Friday, October 27***

9:00 am Qi Gong Class-CCParks  
10:00 am Resident Recreation Group-CCPDR  
10:30 am Chair Exercise-BWFoyer  
11:00 am Chair Exercise-CCParks  
1:30 pm Board-Card Games-BWActRm  
2:00 pm URM My Chart and Lucy overview-CCParks  
2:30 pm Wii Bowling-BW/ENT  
3:00p History's Turning Points (DVD)-CCClub  
6:30 pm Hand & Foot-CCClub  
7:00 pm Jewish Sabbath Prayers-CCParks

## ***Saturday, October 28***

9:00 am Bible Study with Pastor Deb-CCClub  
10:30a. Henry Boessl, accordion-BW/ENT  
1:00 pm Bridge-BWActRm  
1:30 pm Bingo-CCParks  
2:30 pm Wii Bowling/ Newbies-BW/ENT  
7:00 pm Mexican Train Dominoes-CCParks

## ***Sunday, October 29***

10:30 am DVD Chair Exercise-BW/ENT  
10:45 am Fellowship of Faith Worship-CCPk  
2:00 pm Catholic Communion-BW/ENT  
7:00 pm Sunday Night Movie-BW/ENT  
"Julie & Julia " Meryl Streep (ST)

## Details and Useful Information

*Monday October 23, 11:00 AM ,DVD  
Learning Series– BW/ENT , The World's  
Greatest Geological Wonders–Burgess Shale,  
Rocks and the Key to Life and the Grand Can-  
yon, Earth's Layers. Will the Colorado River  
continue to get shorter?*

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*Monday October 23, 7:00 pm BW/ENT
Monday Night Musicale
"Nancy Goes to Rio" 1950, 100 min (ST)
Jane Powell and Ann Sothern A mother
and daughter compete over the same
singing role and unbeknownst to each oth-
er, the same man.*

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*Sunday October 29, 7:00 pm–BW/ENT  
Sunday Night Movie "Julie & Julia"  
Meryl Streep , Amy Adams 123 min (ST)  
A culinary legend provides a frustrated  
office worker with a new recipe for life.  
The true stories of how Julia Child's life and  
cookbook inspired fledgling writer Julie  
Powell to whip up 524 recipes in 365 days*

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*The Resident Recreation Group meets monthly
from September to June alternating between
CC and BW. This is an open group for all
interested in Meadows Recreation offerings
and upcoming programs. Want to have some
input about what we do and how we do it?
Join us, October 27th 10:00 am–CCPDR*

HELP US WELCOME OUR NEW MOVE-INS

St. John's Meadows:

Louise Johnston cc2201
Eleanor Porter from HW to BW240
Sarisa Zarissa HW 105
Betty Dunn HW 101
Estelle Bloom HW 204

*Customer Service Specialist ,
Katie Caligiuri helps guide all residents
during their move-in process. If you have
questions such as how to operate your
appliances or Personal Emergency Response
System (PERS), or need any other
information, please call 241-0387.*

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### *Want to volunteer?*

*Call Jean Loomis, 242-7013.*

*Need pictures hung or a shelf installed?*

*Call Ann Lynah, 242-7003*

*Have an idea for an activity or outing?*

*Call Karen Bovee, 242-7010.*

*Have any spiritual needs or ideas for  
spiritual programming?*

*Call Chaplain Bradley Klug, 242-7081*

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*The Meadows campus is Smoke Free. Please
communicate this to your health aides and
family. All smokers must smoke
off Meadows property.*

Be in the know...watch Activity Channel. Listen to the Activity Hot Line, 242-7000.

Monday, October 30

9:30 a.m. Coffee w/Paul-CCParks
10:30 a.m. Chair Exercise-BWFoyer
11:00 a.m. Chair Exercise-CCParks
11:00 a.m. DVD Learning Series-BW/ENT
1:00 p.m. Life Fitness Class-BW/ENT
2:00 p.m. Life Fitness Class-BW/ENT
2:00 p.m. Clowning 101 with Frances Ratcliffe-CCParks
3:00 p.m. Board-Card Games-CCClub
3:15p Qi Gong Class-BW/ENT
7:00p.m. Monday Night Musicale-BW/ENT
"Andre Rieu in Wonderland" ST

Tuesday, October 31

8:30 a.m. Men's Group-BW/ENT
9:00 am Life Bio-CCParks
1:00 p.m. Roman Catholic Mass-BW/ENT
1:00 p.m. Bridge-CCParks
3:00 pm Halloween Cocktail Party-BW/ENT
Group Therapy music group
3:00 pm Halloween Cocktail Party-CCParks
Peg & Tom Fittipaldi
4:30-6:30 pm Halloween Theme dinner
6:30 pm Illusions with David Orange-
BWActRm



Monday October 30, 7:00pm-BW/ENT

Monday Night Musicale

"Andre Rieu in Wonderland" 2007,150 min
The Johann Strauss Orchestra Filmed in the
Netherland's fairytale themed park Efteling.

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Tuesday October 31st Halloween cocktail  
parties in CCParks and BW/ENT 3:00-4:00pm

Staff costume contest!

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***Note from the Cafe: Every Wednesday
from 3:00 pm-4:00 pm social hour. Dis-
counted coffee, Danish and cookies!***

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*Please wear your Pers button and name badge  
at all times! Hang your name badge on your  
door handle so you see it on your way out.*

*If you have lost or damaged your resident  
name badge you can call*

*Katie Caligiuri, 241-0387 to get a new one.*

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*In the event of an emergency, please stay in  
your apartment unless directed to do  
otherwise. If you are not in your apartment,  
go to the closest emergency gathering area:  
BW/ENT, CCParks or HW Activity Room.*

*For info about emergencies only,*

*please call 242-7097.*