

Wednesday, February 1

9:30 a.m. Qi Gong Class-CCParks
10:30 a.m. Chair Exercise-BWFoyer
11:00 a.m. Chair Exercise-CCParks
12:30p GEVA Outing
1:00 p.m. Kings Corner Game-BWActRm
1:00 p.m. Life Fitness Class-CCParks
1-2p New Meadows Singing Group
(info Meeting)-BWMulti
2:00 p.m. Crafty Ladies-CCClub
7:00 p.m. Rosary Prayer Group-CCParks

Thursday, February 2

9:30 a.m. Recorder Group-CCClub
12:30-1:30p Fitness Orientations-CCFitRm
1:30 p.m. Bingo-BWActRm
2:00 p.m. Euchre-CCClub
4:30 p.m. Episcopal Worship-BWActRm
6:00 p.m. RPO Outing
7:00p Google Rochester-BWMulti

Friday, February 3

9:00 a.m. Qi Gong Class-CCParks
10:30 a.m. Chair Exercise-BWFoyer
11:00 a.m. Chair Exercise-CCParks
1:30 p.m. Board-Card Games-BWActRm
1:30p "Conversation, Coffee, Coloring"-CCClub
2:00 p.m. Discovery Series-CCParks
Open House-details on CH15
2:30 p.m. Wii Bowling-BWMulti

Saturday, February 4

10:30a Daniel Henry, vocals, "The Sounds of Sinatra and Friends"-BWMulti
1:00 p.m. Bridge-BWActRm
1:30 p.m. Bingo-CCParks
2:30 p.m. Wii Bowling/ Newbies-BWMulti
7:00 p.m. Mexican Train Dominoes-CCParks

Sunday, February 5

10:30 a.m. DVD Chair Exercise-BWMulti
10:45a Fellowship of Faith Worship-CCParks
2:00p Catholic Communion-BWMulti
6:00 p.m. Super Bowl Party-BWMulti
BYOB, munchies provided

Coming Soon:

17th Annual

Variety Show

Friday, March 31, 2017

Pop Culture 50s-80s"

Call Debbie, 242-7010 or

***Jean, 242-7013 with your ideas or act
by March 1st.***

***Please make every effort to be
on time for all programs & activities.***

Thank you.

***Questions or concerns regarding
this publication?***

Call Debbie 242-7010

or Samra 473-2533.



Monday, February 6

9:30 a.m. Coffee w/Paul-CCParksC
10:30 a.m. Chair Exercise-BWFoyer
11:00 a.m. Chair Exercise-CCParks
11:00 a.m. DVD Learning-BWMulti
Parkinson's Disease, Stroke; Staying Active
1:00 p.m. Life Fitness Class-BWMulti
2:00 p.m. Life Fitness Class-BWMulti
2:00 p.m. Maggie Mullen, vocals, Ralph DeBergalis, guitar, jazz-CCParks
3:00 p.m. Board-Card Games-CCClub
3:15 a.m. Qi Gong Class-BWMulti
7:00p.m. Monday Night Musicale-BWM
"Singing in the Rain", Debbie Reynolds

Tuesday, February 7

8:30 a.m. Men's Group-BWMulti
1:00 p.m. Bridge-CCParks
3:30p Fred Vine, guitar, vocals-BWMulti
6:00p Nazareth College Class-BWMulti

Wednesday, February 8

9:30 a.m. Qi Gong Class-CCParks
10:30 a.m. Chair Exercise-BWFoyer
11:00 a.m. Chair Exercise-CCParks
1:00 p.m. Life Fitness Class-CCParks
1:00 p.m. Kings Corner Game-BWActRm
1p Spiritual Life Committee Mtg-CCPDR
1-2p New Meadows Singing Group-BWM
2:00 p.m. Crafty Ladies-CCClub
4:15p Brighton High School Outing
"Les Miserables", see details on back
7:00 p.m. Rosary Prayer Group-CCParks
7:00 p.m. Garden Gauge Club Mtg-BWMulti

Thursday, February 9

9:30 a.m. Recorder Group-CCClub
1:30 p.m. Oasis Current Events-CCParks
1:30 p.m. Bingo-BWActRm
2:00 p.m. Euchre-CCClub
3:30 p.m. Art for the Young at Heart-BWAct
4:30-6p Café Dinner Buffet-CCParks
7p Movie Night, see CH15 for title-BWM

Friday, February 10

9:00 a.m. Womens Breakfast-BWDR
RSVP 760-7352, \$5 at door-Guest: Audrey Johnson, Pittsford town & village historian
9:00 a.m. Qi Gong Class-CCParks
10:30 a.m. Chair Exercise-BWFoyer
11:00 a.m. Chair Exercise-CCParks
1:30 p.m. Board-Card Games-BWActRm
2:30 p.m. Wii Bowling-BWMulti
7:00 p.m. Jewish Sabbath Prayers-CCParks
7:30 p.m. Burroughs Audubon Club-BWM
"South African Birds & Animals", see CH15

Saturday, February 11

10:30a Women of Note, vocal group-BWM
1:00 p.m. Bridge-BWActRm
1-2:30 p.m. Eyeglasses Repair-CCPDR
1:30 p.m. Bingo-CCParks
2:30 p.m. Wii Bowling/ Newbies-BWMulti
7:00 p.m. Mexican Train Dominoes-CCParks

Sunday, February 12

10:30 a.m. DVD Chair Exercise-BWMulti
10:45a Fellowship of Faith Worship-CCPks
2:00p Catholic Communion-BWMulti
7:00 p.m. Sunday Night Movie-BWMulti
"Lincoln", Daniel Day-Lewis, Sally Field, ST

***Be IN THE KNOW...watch CHANNEL 15
Listen to the ACTIVITY HOTLINE 242-7000***

Meadows and Brickstone Monthly

February
13-19

Monday, February 13

9:30 a.m. Coffee w/Paul-CCParksC
10:30 a.m. Chair Exercise-BWFoyer
11:00 a.m. Chair Exercise-CCParks
11:00 a.m. DVD Lecture-BWMulti
Diet, Stress, The Science of Immortality
1:00 p.m. Life Fitness Class-BWMulti
2:00 p.m. Life Fitness Class-BWMulti
2:00p Peg & Tom Fittipaldi, keyboard,
guitar, vocals, popular-CCPk
3:00 p.m. Board-Card Games-CCClub
3:15 a.m. Qi Gong Class-BWMulti
4:15p Hong Wah, Penfield, Dinner Outing
5:00p Harp/Roxanne, dinner music-BWDR
7p Movie: "De-Lovely", Kevin Kline-BWM

Tuesday, February 14

8:30 a.m. Men's Group-BWMulti
10:00 a.m. Res.Council Exec.Mtg-CCPDR
10:30-11:30a Blood Pressure Clinic-BWAct
12-2p Valentine's Day Bake Sale-BWMulti
1:00 p.m. Bridge-CCParks
1:00 p.m. Walmart/Marketplace Outing
3:30 p.m. Cyndi Kingsley, vocals-BWM
6:30 p.m. Roch. Computer Soc-BWActRm

Wednesday, February 15

9:30 a.m. Qi Gong Class-CCParks
10:30 a.m. Chair Exercise-BWFoyer
11:00 a.m. Chair Exercise-CCParks
1:00 p.m. Kings Corner Game-BWActRm
No CC Life Fitness Class, see 2/17
2:00 p.m. Crafty Ladies-CCClub
2-3p Blood Pressure Clinic-CCPDR
3p Valentine's Cocktail Parties for All!
7:00 p.m. Rosary Prayer Group-CCParks

Thursday, February 16

9:30 a.m. Recorder Group-CCClub
12:30-1:30p Fitness Orientations,
Free Training Assistance/Val-CCFitRm
1:30 p.m. Bingo-BWActRm
2:00 p.m. Euchre-CCClub
6:00 p.m. RPO Outing
7p Movie Night, see CH15 for title-BWM

Friday, February 17

9:00 a.m. Qi Gong Class-CCParks
10:00a Resident Recreation Group-CCPDR
10:30 a.m. Chair Exercise-BWFoyer
11:00 a.m. Chair Exercise-CCParks
1:00 p.m. Life Fitness Class-CCParks
1:30 p.m. Board-Card Games-BWActRm
1:30p "Conversation, Coffee & Coloring"-CClb
2:30 p.m. Wii Bowling-BWMulti

Saturday, February 18

10:30a Larry Shearer, presentation-BWMulti
"Life & Music of Les Paul & Mary Ford"
1:00 p.m. Bridge-BWActRm
1:30 p.m. Bingo-CCParks
2:30 p.m. Wii Bowling/ Newbies-BWMulti
7:00 p.m. Mexican Train Dominoes-CCParks

Sunday, February 19

10:30 a.m. DVD Chair Exercise-BWMulti
10:45a Fellowship of Faith Worship-CCPk
2:00p Catholic Communion-BWMulti
7:00 p.m. Sunday Night Movie-BWMulti
"A Room with a View", Maggie Smith, Judi
Dench, no ST

Cocktail Parties: Cathy Ramsey, piano-CC, Karen Labella, guitar-BW



St John's
Embrace Living

Monday, February 20

9:30 a.m. Coffee w/Paul-CCParksC
10:30 a.m. Chair Exercise-BWFoyer
11:00 a.m. Chair Exercise-CCParks
11a DVD w/Don-G. Verdi, part 5-BWMulti
1:00 p.m. Bible Study w/Barb-BWActRm
1:00 p.m. Life Fitness Class-BWMulti
2:00 p.m. Life Fitness Class-BWMulti
2:00p Tom Dunn, keyboard, vocals-CCPks
3:00 p.m. Board-Card Games-CCClub
3:15 a.m. Qi Gong Class-BWMulti
7p Monday Musicale, The Metropolitan Opera-Aida (Verdi), part 1-BWMulti

Tuesday, February 21

8:30a Men's Group-BWMulti
10:00 a.m. Res. Council Mtg.-BWActRm
1:00 p.m. Bridge-CCParks
3:30p Mike Sidoti, vocals-BWMulti
6:00p Nazareth College Class-BWMulti

Wednesday, February 22

9:30 a.m. Qi Gong Class-CCParks
10:30 a.m. Chair Exercise-BWFoyer
11:00 a.m. Chair Exercise-CCParks
1:00 p.m. Kings Corner Game-BWActRm
1:00 p.m. Life Fitness Class-CCParks
1-2p New Meadows Singing Group-BWM
2:00 p.m. Crafty Ladies-CCClub
3:00 p.m. Pet Talk with Elisabeth-CCParks
7:00 p.m. Rosary Prayer Group-CCParks

February 27-28 on back page.

Thursday, February 23

9:30 a.m. Recorder Group-CCClub
1:30 p.m. Bingo-BWActRm
2:00 p.m. Euchre-CCClub
3p Glorious Music w/Esther and Paul-CCP
"Spirituals in Concerts, Jessye Norman"
3:30 p.m. Art for the Young at Heart-BWAct
7p Movie Night, see CH15 for title-BWM

Friday, February 24

9:00 a.m. Qi Gong Class-CCParks
10:30 a.m. Chair Exercise-BWFoyer
11:00 a.m. Chair Exercise-CCParks
1:30 p.m. Board-Card Games-BWActRm
2:30 p.m. Wii Bowling-BWMulti
7:00 p.m. Jewish Sabbath Prayers-CCParks

Saturday, February 25

10:30 a.m. Cello Charm, RPO's Ingrid Bock, Benjamin Krug, cellists-BWMulti
1:00 p.m. Bridge-BWActRm
1:30 p.m. Bingo-CCParks
2:30 p.m. Wii Bowling/ Newbies-BWMulti
7:00 p.m. Mexican Train Dominoes-CCParks

Sunday, February 26

10:30 a.m. DVD Chair Exercise-BWMulti
10:45a Fellowship of Faith Worship-CCPks
2:00p Catholic Communion-BWMulti
3:30 p.m. Ecumenical Worship-BWMulti
6:00 p.m. Sunday Night Movie-BWMulti
"Unfinished Song", Vanessa Redgrave, Terence Stamp, ST (note time)

Details and Useful Information

Monday, February 27

9:30 a.m. Coffee w/Paul-CCParksC
10:30 a.m. Chair Exercise-BWFoyer
11:00 a.m. Chair Exercise-CCParks
11a DVD w/Don-G. Verdi, part 6-BWMulti
1:00 p.m. Life Fitness Class-BWMulti
2:00 p.m. Life Fitness Class-BWMulti
2:00p Top Brass Duo, trumpet, trombone,
Pete & Jeff, popular-CCParks
3:00 p.m. Board-Card Games-CCClub
3:15 a.m. Qi Gong Class-BWMulti
7p Monday Musicale, The Metropolitan
Opera-Aida (Verdi), part 2-BWMulti

Tuesday, February 28

8:30 a.m. Men's Group-BWMulti
1:00 p.m. Bridge-CCParks
1:00 p.m. Roman Catholic Mass-BWMulti
3:30p Mardi Gras w/ 10th Ward Boys,
guitar, fiddle, vocals, Dixieland jazz-BWM
6:00p Nazareth College Class-BWMulti

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*Feb 25 RPO cellists Ingrid Bock & Benjamin Krug will lead you on a walk through history of cello chamber music. They will perform a selection of their favorite cello duets from the 17th to the 21st centuries.*

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~Coming in March~

*~ Sunday Matinee Concert ~ Quintessence
~ Music for All-An Outreach Program with
students from Eastman School of Music
~Visit to the Strong Museum and Dancing
Wings Butterfly Garden*

The Meadows campus is Smoke Free. Please communicate this to your health aides and family. All smokers must smoke off Meadows property.

If you have reserved a room for an activity or a family event and the date has changed or the event has been cancelled, remember to cancel your reservation by calling Lisa at 473-8650.

Thank-you.

Suggestion Boxes are available in all lobbies. Resident Council members monitor each box. It is important to sign your name so the appropriate staff person can contact you.

Please wear your Pers button and name badge at all times!

Hang your name badge on your door handle so you see it on your way out.

If you have lost or damaged your resident name badge you can call

Katie Caligiuri, 241-0387

to get a new one.

St. John's has an agreement with the Town of Brighton to provide 14 spaces for pool class parking. This is the strip lot directly east of the pool. Please do NOT park there Wed. and Fri 8:30a-12p, Tues 5:30-8p and Sat 9-11a. Thank-you.

See last pages for Spiritual Life Page and Brickstone Bulletin