



"There are lovely music programs here... I haven't missed one of them."

St. John's Green House Homes just might be the perfect place for a music lover like Vicky Romig to call home. Most mornings she wakes up in her private room to celtic music playing from her Bose music system.

Throughout the day there are many opportunities to cultivate Vicky's love of music and enjoy her favorite art form with those around her. "There are lovely music programs here, especially concerts," she says. "I haven't missed one of them, and I've been here almost two years."

Vicky previously lived in another senior living community before coming to the Green House Homes. Among the many aspects of daily life she prefers over her previous living situation is an environment that fosters interpersonal relationships between elders and staff. In speaking with Barak—a St. John's shahbaz working in Vicky's home—she learned of his wish to one day learn how to play the piano.

While Vicky can no longer play the instrument she learned to play when she was six years old, she is able to teach Barak the basics right in her living room. "I enjoy passing along what I've learned, and Barak has gotten quite good."

To read stories from other residents of St. John's Home, go to stjohnsliving.org/shareyourstory.

A Full Spectrum of Senior Services

St. John's provides you with the peace of mind of having access to a full spectrum of senior services. We can assist you at any stage from exploration to short-term care to moving into a new home. And, our support continues even after you become a resident. Should your needs change at any time, we are here to help you make your next transition.

- Senior Housing
- Enhanced Assisted Living Services
- Rehabilitation
- Adult Day Services
- Skilled Nursing
- Alzheimer's/
Dementia Care
- Comfort Care

Explore all that St. John's has to offer.

Embrace life your way today!



stjohnsliving.org

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Skilled Care at the Green House Homes



As a trusted provider for over a century, St. John's has set the bar for excellence in senior care solutions in Rochester. With the opening of our Green House Homes, St. John's has once again revolutionized the delivery of skilled care in our area with the nation's first stand-alone nursing home of its kind in a suburban neighborhood. Putting the values and practices of THE GREEN HOUSE® Project into action, these small homes provide elders with a truly unique living experience.

Changing Expectations

Who says a nursing home has to look like a nursing home? Skilled nursing facilities that feel like you are in a hospital are becoming a thing of the past and the Green House Homes reflect this shift with a setting that will remind you of home. Ten elders and an engaged, compassionate staff share an intimate dwelling that is fully integrated into the surrounding neighborhood. Each home's open floor plan features private rooms, a centrally located kitchen and dining room, and a beautiful enclosed courtyard. Your beliefs about what a nursing home can and should be will never be the same after your first visit.





Consistency of Care

The St. John's small homes philosophy begins with a focus on small teams of professionals delivering exemplary care to elders. The unique role of the shahbaz—or versatile care worker—allows for a truly personalized approach to providing for the individual daily needs of each elder living in the house. Each shahbaz is trained to provide for every aspect of the daily life and well-being of those living in the house.

Elders benefit from more direct caregiver hours and a greater caregiver-to-elder ratio than in traditional skilled care. This model naturally results in a greater familiarity with those trusted care partners. Additionally, physical, occupational, and speech therapists from St. John's Home are specifically assigned to the Green House Homes and become actively involved in the overall welfare of elders who live there.



"Everything is different because the elders feel more comfortable. They feel like they have a friend, and that's how they should feel."

Freedom of Choice

The Green House Homes were designed to provide an environment where empowered employees partner with elders as they continue to live meaningful lives. A smaller setting makes it easier for elders to live the life of their own choosing. Individual preferences are not just noted; they become the basis for how care plans are created. Elders are free to wake up when they choose, eat breakfast at their leisure, and engage in house events and activities as they please.

The role of shahbaz centers around becoming an expert on personal likes and dislikes of each person, allowing for individual routines, and leaving room for spontaneous moments.



Skilled Professionals

St. John's offers a variety of services to meet your health care needs at the Green House Homes. Our care partner model gives residents access to an outstanding team of professionals that includes on-site physicians, skilled nurses, therapists, social workers, chaplains, recreation therapists, and other highly trained support members.

Each Green House Home provides a safe and secure environment for residents living with Alzheimer's disease and other forms of dementia. Additionally, Comfort Care/Hospice support is available for residents and their loved ones during the final stages of life.



"For us as a family—
we couldn't be more
pleased with the care
(our dad) is receiving."

Positive Outcomes

The philosophy employed at the St. John's Green House Homes is more than just an appealing concept for how skilled nursing care should be delivered. A greater level of individualized care has proven to result in dramatic improvements in a number of key industry benchmarks, including a steep decline in the number of elder falls and adverse elder-to-elder interactions.

Loved ones have also noticed the difference. In a recent survey, 100% of family members gave high marks to the Green House Homes by ranking their experience "above good" or "excellent."

Come and see for yourself how smaller is better.

Begin embracing life your way today!

To schedule a tour call **585-760-1300** or
visit **stjohnsliving.org/tour-home**.